

**FINAL PROGRAM**

**2024 AADSM  
ANNUAL  
MEETING**

**FRIDAY, MAY 17 - SUNDAY, MAY 19  
HYATT REGENCY NEW ORLEANS  
NEW ORLEANS, LOUISIANA**

**PRE-MEETING ADD-ON COURSE!  
PEDIATRIC OSA  
THURSDAY, MAY 16**

**AMERICAN  
ACADEMY OF  
DENTAL  
SLEEP<sup>®</sup>  
MEDICINE**



WELCOME

TO THE 2024 AADSM  
ANNUAL MEETING!



# THIS YEAR'S MEETING FEATURES:

- ▶ three tracks on Saturday focusing on clinical advances, case-based discussions, and fundamentals;
- ▶ poster presentations, located in the exhibit hall, including new “late-breaking abstracts”;
- ▶ extended lunch breaks to give you ample time to browse the exhibit hall and catch up on the latest products and services in the industry;
- ▶ a networking reception filled with the flavors and sounds of New Orleans;
- ▶ 100+ clinical take-aways to implement in your practice; and
- ▶ access to the session recordings for up to one year following the meeting.

Information about these opportunities can be found in the pages of this program.

I have no doubt that this year’s meeting will offer you the opportunity to renew and initiate relationships with colleagues from around the world while expanding your knowledge of dental sleep medicine.



Enjoy,

**Arthur Feigenbaum, DMD**

*Chair, Annual Meeting Committee*

# 2024 AADSM ANNUAL MEETING

## CONTACT US

### American Academy of Dental Sleep Medicine

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Lisle, IL 60532

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Email: [annualmeeting@aadsm.org](mailto:annualmeeting@aadsm.org)

Website: [aadsm.org](http://aadsm.org)

## WI-FI

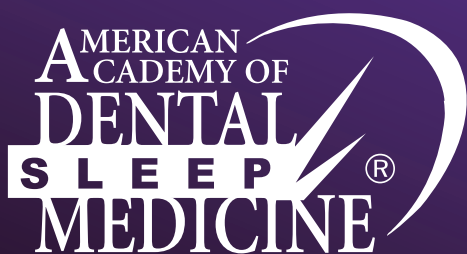
**NETWORK:** AADSM\_2024

**PASSWORD:** AADSM2024

## MEETING LOCATION

### Hyatt Regency New Orleans

601 Loyola Avenue  
New Orleans, LA 70113  
(504) 561-1234



## PEDIATRIC OSA COURSE REGISTRATION HOURS

Thursday, May 16 7:00am – 7:45am

## ON-SITE REGISTRATION HOURS

Thursday, May 16 2:00pm – 6:00pm

Friday, May 17 6:30am – 5:30pm

Saturday, May 18 7:30am – 5:30pm

Sunday, May 19 7:30am – 12:00pm

The registration desk is located in the **Celestin Foyer** on the third floor of the Hyatt Regency New Orleans.

## Your registration includes admission to:

- ▶ General Sessions (Friday-Sunday)
- ▶ Networking Reception (Friday evening)
- ▶ Industry Supported Events
- ▶ Industry Product Theaters
- ▶ Exhibit Hall

## EXHIBIT HALL HOURS

**Friday, May 17 10:00am – 7:00pm**

**Saturday, May 18 10:00am – 4:30pm**

The exhibit hall is located in **Storyville Hall** on the third floor of the Hyatt Regency New Orleans.

Learn about the newest products and services in the field by visiting the exhibit hall! The AADSM Annual Meeting exhibit hall showcases oral appliance manufacturers, dental laboratories, software companies and more. You must be at least 16 years of age and registered for the meeting to enter the exhibit hall.

## FOLLOW US

**Facebook:** [@aadsm.org](https://www.facebook.com/aadsm.org)

**Twitter:** [@AADSMorg](https://twitter.com/AADSMorg)

Take a picture at the 2024 AADSM Annual Meeting **Selfie Station\*** to let your followers know how much fun you are having at this year's meeting!

\*Sponsored by Nierman Practice Management



# GENERAL INFORMATION

## Guest Passes

A registered attendee may elect to buy a guest pass for a family member who is 16 years or older. Guest passes allow entrance to the exhibit hall ONLY. Guests are not allowed to attend any of the general or ticketed sessions, with the exception of the Evening at the Audubon Aquarium. Children under 16 years of age are not permitted in the exhibit hall or general or ticketed sessions.

## Badge Information

All meeting attendees and guests must wear a badge. Badges allow entrance to the general sessions and exhibit hall.

## Photography/Recording

Photography and/or recording of any kind (other than by the AADSM or registered press approved by the AADSM) of sessions, speakers and the exhibit hall is strictly prohibited. No cameras will be allowed on the exhibit floor or in the meeting rooms at any time. Violation of this rule could result in the confiscation of the film or recording device and removal of individual from the meeting.

## AADSM Products and Information

Details about membership and products from the AADSM are available at the registration desk located in the Celestin foyer on the third floor.

## Seating

General sessions are filled on a first-come, first-served basis. The AADSM does its best to match room size with anticipated demand; however, interest in a topic occasionally exceeds seating capacity. Seating limits are strictly enforced by the Fire Marshal. We encourage you to arrive at meeting rooms as early as possible for best seating.

## Electronic Materials

The AADSM provides presentation slides in an electronic format only. The link to the presentations slides is included with your badge at registration. Please note that the AADSM WILL NOT supply computers or tablets to view the material or power for computers or tablets. Attendees wishing to view presentation slides on their laptops or tablets must have them sufficiently powered prior to arrival at the meeting each day.

## Annual Meeting Committee

Arthur Feigenbaum, DMD  
*Chair*

Eric Runyon, DDS  
*Vice-Chair*

Elham Abbassi, DDS

Diana Batoon, DMD

Damian Blum, DMD

Brian Criss, DDS

Jouliana Davoudi Chegani, DDS

Rebecca Fronheiser, DDS

Mona Haleem, DDS

Jay Nelson, DMD

Paul Jacobs, DDS  
*Board Liaison*

Mitchell Levine, DMD  
*AADSM President, Ex Officio*



# DIPLOMATE LOUNGE

Are you a Diplomat of the ABDSM? This lounge, located in Meeting Room 5B on the fourth floor, is exclusively for you and provides a place to grab a refreshment and network with colleagues. Diplomates of the ABDSM can pick up a ribbon at the registration counters, which will be required to gain entrance to the lounge.

# CONTINUING EDUCATION

## CLAIM CE ONLINE

**Follow the instructions on the green CE reference form located in your meeting tote bag to claim credits and evaluate the meeting online. The deadline to claim credit is May 19, 2025.**

The American Academy of Dental Sleep Medicine (AADSM) is an ADA CERP Recognized Provider.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at [www.ADA.org/cerp](http://www.ADA.org/cerp).

The 2024 AADSM Annual Meeting is conducted as a live, in-person educational activity, consisting of up to three general session tracks (Tracks A, B, and C). With the exception of the opening address by Ross Bernstein, all sessions will be recorded and will be available after the meeting for a limited time on-demand. Registration for the in-person meeting includes access to all session recordings at no additional cost.

The AADSM designates the general sessions for the maximum of 33 CE credits for those who attend the meeting in-person and listen to recorded sessions on-demand after the meeting (Max 16 CE credits for in-person only). The AADSM designates the Pediatric OSA Course on Thursday, May 16 for a maximum of 8 CE credits.



## LEARNING OBJECTIVES

At the conclusion of the meeting, participants should be able to:

- ▶ Acquire knowledge about the management of obstructive sleep apnea in adults;
- ▶ Discuss state-of-the-art knowledge of recent advances in dental sleep medicine and sleep apnea treatment;
- ▶ Review the relationship between obstructive sleep apnea, obesity and other associated co-morbidities;
- ▶ Understand the evidence regarding long-term oral appliance therapy, including potential side effects and options for managing complications in patients with snoring and/or OSA; and
- ▶ Apply best practices for building and developing a successful dental sleep medicine practice, including an overview of proper patient management and development of care plans; creating awareness about sleep-related breathing disorders and their treatments; positioning your practice as a provider of dental sleep medicine; and proper medical insurance billing.

## TARGET AUDIENCE

The 2024 AADSM Annual Meeting is intended for dentists and dental professionals who have an interest in or are currently treating patients with obstructive sleep apnea or snoring through the utilization of oral appliance therapy.



# MEETING FORMAT

The AADSM Annual Meeting will be presented through lectures, case-based discussions, panel discussions, and roundtable Q&As.

With the exception of the Pediatric OSA Course on Thursday, all sessions listed in this program are included with your general session registration and are filled on a first-come, first-served basis.



All sessions, with the exception of the opening address by Ross Bernstein will be recorded live and made available after the meeting for a limited time. Meeting attendees will receive an email when access to the recordings is available.

## AADSM Online Learning Center

- Earn CE (including free CE for members)
- Learn new skills
- Access AADSM resources

Explore  
Resources Here



# CONGRATULATIONS

## TO NEW ABDSM DIPLOMATES AND INTERNATIONAL CERTIFICANTS

Nathan Abramson, DMD  
Steven Airey, DDS  
Mona Alawadi, DDS  
Aurelio Alonso, DDS  
Tara Anger-Andersen, DDS  
Ann Ardovino, DMD  
Caitlin Armstrong, DDS  
Corina Atanase, DMD  
Megan Avery, DMD  
David Axline, DMD  
Rattanjit Bains, DMD  
Douglas Baldwin, DDS  
Karim Banani, DDS  
Neetu Bansal, DMD  
Caleb Beam, DDS  
Elizabeth Beard, DDS  
Chase Bennett, DDS  
Devon Berry, DMD  
Prameela Bhupatiraju, DMD  
Gwendolyn Buck, DDS  
Firas Bukai, DMD  
Carolyn Burleson Martinez, DMD  
Todd Buzbee, DDS  
Stephan Caye, DDS  
Amad Chaudhry, DDS  
Meena Chelury, DDS  
Ryan Coello, DMD  
John Coletti, DDS  
Allen Davis, DMD  
Jouliana Davoudi Chegani, DDS  
Donald DeMichele, DDS  
Ashley DeSaix, DDS  
Richard Downing, DDS  
Preston Duffin, DDS  
Lige Dunaway, DDS  
YoungChoon FischerHahm, DMD  
Bonnie Foster, DDS  
Jessica Gibbs, DDS  
Meenal Goel, DDS

Jay Goldstein, DDS  
Molly Guy, DDS  
Jonathan Hale, DDS  
Kalli Hale, DDS  
Kevin Harris, DDS  
William Hawks, DMD  
James Henderson, DMD  
Ivonne Hernandez, DDS  
Seth Holland, DMD  
David Isaacs, DDS  
Casey Jones, DMD  
Veena Kanti, DDS  
Hyung Kim, DDS  
Monica Kim, DDS  
Euna Koo, DDS  
Nicholas Koogler, DDS  
Evan Kowalski, DDS  
Eugene Kulaga, DDS  
Jeffrey Leidy, DMD  
Kendall Liday, DDS  
D. Brock Lynn, DDS  
Amanda Mandel, DDS  
Jaclyn Martinez, DDS  
James McCawley, DDS  
Sadie Mestman, DMD  
Kimberly Meyer, DDS  
Priya Mistry, DDS  
Adrian Mobilia, DDS  
Jenifer Moser, DDS  
Lawrence Napolitano, DDS  
Esin Narli, DMD  
Tamra Neugebauer, DDS  
Evan Olson, DDS  
Elaine Pagan, DMD  
Margiezel Pagan Banchs, DMD  
Hye Park, DMD  
Puja Patel, DDS  
Raman Patel, DDS  
Charles Payet, DDS  
Georgia Peterson-Houle, DDS

Stamatina Petrakis, DDS  
Jillian Prather, DMD  
Prabhavathi Prattipati, DMD  
Gayatri Raina, DMD  
Ronald Rao, DDS  
Craig Ratner, DMD  
Lisa Reust, DDS  
Mamak Saffarpour, DDS  
Amin Samadian, DDS  
Paul Saniuk, DDS  
Andrew Schuiteman, DDS  
Laura Sharbash, DDS  
Kacie Sharpe, DMD  
Savitha Siddappa, DMD  
Gursimran Kaur Sidhu, BDS  
James Sierra, DDS  
Jace Silcox, DDS  
Simi Silver, DDS  
Benjamin Stein, DDS  
Nicholas Strasser, DDS  
Kathryn Sudikoff, DMD  
Hsiao Hsin Sung Hsieh, DDS  
David Telles, DDS  
Fransiskus Andrianto  
Tjiptowidjojo, DDS  
Jennifer Underwood, DDS  
Audra Ward, DMD  
Nathan Wecker, DMD  
Ivy Wei, DDS  
Misty Williams, DDS  
Sarah Wilmer, DDS  
Skye Zeller, DMD  
Mark Habib, DDS  
Aaron Jolivet, DDS  
Richard Kratz, DDS  
Kendall Mower, DMD  
Jenny Oh, DDS  
Stephanie Oppenheim, DMD  
Kaitlyn Schultz, DMD  
John Underwood, DMD

## International Certificants

Basil Al-Amleh, BDS  
Lateefa Alkharafi, BDS  
Stephen Kelly, BDS  
Thaviporn Limrachtamorn, DDS

Yu Jin Park, DDS  
Proudchompoo Paungmalit, DDS  
Valerie Tey Hwee Shinn, BDS  
Chi Ching Joan Wan, BDS



\*List reflects those who earned status with the ABDSM between March 31, 2023 and February 1, 2024. For any questions regarding this listing, please contact [info@abdsms.org](mailto:info@abdsms.org)



# Pediatric OSA Course

## Thursday, May 16


7:00am – 7:45am	REGISTRATION	Celestin Ballroom Foyer (3rd floor)
7:45am – 8:00am	<b>Welcome and Announcements</b>	Celestin Ballroom E
8:00am – 9:00am	<b>The Impact of Pediatric OSA</b> David Gozal, MD, MBA, PhD	Celestin Ballroom E
9:00am – 10:00am	<b>The Psycho-Social Presentation of Pediatric SDB Patients</b> Valerie Crabtree, PhD, DBSM	Celestin Ballroom E
10:00am – 10:15am	BREAK	Celestin Ballroom H
10:15am – 11:15am	<b>The Methodology for Effectively Identifying Pediatric SDB</b> Darius Loghmanee, MD	Celestin Ballroom E
11:15am – 12:15pm	<b>Craniofacial Development</b> Rooz Khosravi, DMD, PhD, MSD	Celestin Ballroom E
12:15pm – 1:15pm	LUNCH ON YOUR OWN	Celestin Ballroom H
1:15pm – 2:15pm	<b>Dental Treatments for Sleep Apnea and Snoring</b> Jacy Stauffer, DMD	Celestin Ballroom E
2:15pm – 3:15pm	<b>Myofunctional Therapy</b> Nicole Goldfarb, MA, CCC-SLP, COM	Celestin Ballroom E
3:15pm – 3:30pm	BREAK	
3:30pm – 5:30pm	<b>Controversies in Pediatric OSA</b> Sheila Asghar, MBBS, MSc  <b>Palatal Expansion Pro/Con Debate</b> Audrey Yoon, DDS, MS Carlos Flores Mir, DDS, MSc, DSc Moderated by: Steve Lamberg, DDS	Celestin Ballroom E

Individuals must be registered for the 2024 AADSM Annual Meeting to register for and attend the Pediatric OSA Course. Attendees are strongly encouraged to pre-register to secure a spot in the course. On-site registrations may be accepted based on availability.

# SCHEDULE AT A GLANCE

**Friday, May 17**

**Exhibit Hall – Storyville Hall  
10:00am – 7:00pm**

8:00am – 9:00am	<b>Welcome Address and Awards</b>		Celestin Ballroom DE
9:00am – 10:00am	<b>Opening Address</b> <b>The Champion’s Code: Building Relationships Through Life Lessons of Integrity and Accountability from the Sports World to the Business World</b> Ross Bernstein		Celestin Ballroom DE 
10:00am – 10:30am	BREAK IN EXHIBIT HALL		Storyville Hall
10:30am – 11:30am	<b>Keynote Address</b> <b>A01: Flipping the OSA Model</b> Danny J. Eckert, PhD		Celestin Ballroom DE
11:30am – 12:30pm	<b>A02: Morbidity of Obstructive Sleep Apnea: Putative Mechanisms and Prospective Interventions</b> David Gozal, MD, MBA, PhD 2024 Pierre Robin Award Recipient		Celestin Ballroom DE
12:30pm – 2:00pm	LUNCH BREAK & EXHIBIT HALL		Storyville Hall
1:00pm – 2:00pm	Industry Product Theater: Nierman Practice Management Industry Product Theater: ProSomnus Sleep Technologies		See page 14
	<b>TRACK A</b> Room: Celestin Ballroom E		<b>TRACK B</b> Room: Celestin Ballroom D
2:00pm – 3:00pm	<b>A03: Wearables</b> Ambrose Chiang, MD	<b>B01: Oral Presentations</b> Distinguished award winners and investigators present their latest research and new ideas in the field.	
3:00am – 4:00pm	<b>A04: REM Sleep Behavior Disorder (SBD)</b> Joyce Lee-Iannotti, MD	<b>B02: Combination Therapy</b> Katherine Phillips, DDS, MS	
4:00pm – 4:30pm	BREAK IN EXHIBIT HALL		Storyville Hall
4:30pm – 5:30pm	<b>A05: Creating Dental-Cardio Partnerships for Better Patient Outcomes</b> Shehzad Malik, MD	<b>B03: Building Bidirectional Referral Relationships with ENTs to Improve Patient Outcomes</b> Phillip LoSavio, MD	
5:30pm – 6:00pm	<b>AADSM Membership Meeting</b>		Celestin Ballroom E
6:00pm – 7:00pm	<b>Networking Reception</b>		Storyville Hall (Exhibit Hall)

**THANK YOU TO THE  
2024 ANNUAL MEETING  
ELITE BOOTHS**

-  Nierman Practice Management
-  ProSomnus Sleep Technologies
-  Spencer Study Club

# Saturday, May 18

Exhibit Hall – Storyville Hall  
10:00am – 4:30pm

7:00am – 8:00am

## FIRST-TIME ATTENDEE BREAKFAST

Celestin Ballroom F–H

	<b>TRACK A</b> <b>Clinical Findings</b> <i>Room: Celestin Ballroom E</i>	<b>TRACK B</b> <b>Case-Based Discussions</b> <i>Room: Celestin Ballroom D</i>	<b>TRACK C</b> <b>Fundamentals</b> Sessions geared towards team members and dentists new to DSM. <i>Room: Celestin Ballroom A–C</i>
8:00am – 9:00am	<b>A06: COMISA – Co-morbid Insomnia and Sleep Apnea</b> Alexander Sweetman, PhD	<b>B04: Extracting Clinically Relevant Data from a Sleep Test</b> Paul Levine, DDS	<b>C01: Dental Sleep Medicine 101</b> Tanya DeSanto, DDS; Emilee Kemper
9:00am – 10:00am	<b>A07: Hacking Sleep: Optimizing Sleep and Circadian Health for Elite Performance</b> Michael Howell, MD	<b>B05: How to Speak Confidently with Your Referring Physicians</b> Andrew Soulimiotis, DMD	
10:00am – 10:30am	BREAK AND POSTER VIEWING IN EXHIBIT HALL <span style="float: right;"><i>Storyville Hall</i></span>		
10:30am – 11:30am	<b>A08: CPAP's Impact on Cardiovascular Risk: A New Study</b> Sanja Jelic, MD	<b>B06: Edentulous Patients</b> Rubina Nguyen, DDS	<b>C02: Getting a Patient to Yes</b> Erica Johannes, DDS
11:30am – 12:30pm	<b>A09: Supplemental Oxygen Improving OAT Outcomes</b> Jonathan Lown, MD	<b>B07: Patient Workflows Toward OAT</b> Aaron Glick, DDS; Diana Batoon, DMD	<b>C03: Simplifying DSM Workflows: 4 Keys to Freedom</b> Paul Jacobs, DDS
12:30pm – 2:00pm	LUNCH ON YOUR OWN & EXHIBIT HALL <span style="float: right;"><i>Storyville Hall</i></span>		
12:30pm – 1:00pm	<b>ABDSM Exam Q&amp;A Session</b> <i>Celestin Ballroom E</i>		<b>AADSM Mentor Meet Up</b> <i>Celestin Ballroom Foyer</i>
2:00pm – 3:00pm	<b>A10: Women and Sleep</b> Fareeha Hussaini, MD	<b>B08: Device Design for Challenging Dental Issues: Materials and Manufacturing Decisions</b> John Carollo, DMD; David Schwartz, DDS	<b>C04: Defining Success and Informed Consent</b> Paige Murrer, DMD
3:00pm – 4:00pm	<b>A11: Narcolepsy: A Patient and Physician Perspective</b> Julie Flygare; Judy Owens, MD		<b>C05: Identifying the Best Billing Model: A Panel Discussion</b> Christopher Hart, DDS; Tanya Kushner, DDS; and Eric Runyon, DDS
4:00pm – 4:30pm	BREAK AND POSTER VIEWING IN EXHIBIT HALL <span style="float: right;"><i>Storyville Hall</i></span>		
4:30pm – 5:30pm	<b>A12: Diet and Sleep: Vicious or Healthful Cycle?</b> Faris Zuraikat, PhD	<b>B09: "Failure" Management</b> Michael Simmons, DMD	<b>C06: Billing and Coding Q&amp;A</b> Erica Johannes, DDS; Lindsey Deol, DDS; Judith Roan, CGS; Ashley DeCoteau, Noridian; Lori Weber, Noridian Part B. <i>Moderated by: Rosemarie Rohatgi, DMD</i>

## Evening at the Audubon Aquarium: A Networking Event

6:30pm – 9:00pm

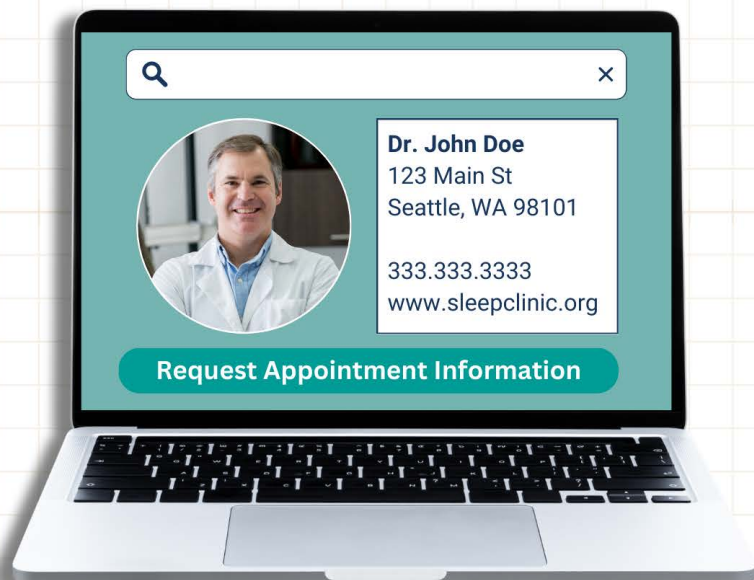
Advanced purchase of tickets to this event is required for entry. See an AADSM staff member at the registration counters to inquire if tickets are still available.

# SCHEDULE AT A GLANCE

## Sunday, May 19

8:00am – 9:00am	<b>A13: Side Effects That Impact Compliance and Solutions</b> Julia Cohen-Lévy, DDS, MSc, PhD	<i>Celestin Ballroom E</i>
9:00am – 10:00am	<b>A14: Managing Bite Change Side Effects</b> Carlos Flores Mir, DDS, MSc, DSc	<i>Celestin Ballroom E</i>
10:00am – 10:30am	BREAK	
10:30am – 11:30am	<b>A15: Managing TMD Side Effects</b> Connor Peck, DDS	<i>Celestin Ballroom E</i>
11:30am – 12:30pm	<b>A16: Printing Devices</b> Aaron Glick, DDS; David Flamenco, DDS	<i>Celestin Ballroom E</i>

## List Your Practice in the AADSM Find-a-Qualified-Dentist Directory



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# 2024 AWARD RECIPIENTS



## HONORARY MEMBER AWARD

### Fernanda Almeida, DDS, PhD

Dr. Almeida is a Professor at the Department of Orthodontics and Dental Sleep Medicine at the Faculty of Dentistry, University of British Columbia, whose research is focused on various aspects of dental sleep medicine. In recognition of her work in the field of dental sleep medicine, she was the recipient of the AADSM Pierre Robin Award (2011) and the

Meier-Ewert Award from the German Dental Sleep Society (2012) for significant, original and sustained contributions evidenced by publications, and academic appointments and other efforts. Dr. Almeida has treated sleep apnea patients for more than 25 years and has authored over 100 published articles.



## PIERRE ROBIN AWARD

### David Gozal, MD, MBA, PhD

Dr. Gozal is currently the Dean of the Joan C. Edwards School of Medicine and Vice President for Health Affairs of Marshall University. This role follows on multiple previous leadership positions at Tulane University, University of Louisville, University of Chicago and University of Missouri. Dr. Gozal's research has pioneered biomarker discovery and machine learning approaches for the diagnosis of sleep apnea across the lifespan. He is Past President of the American Thoracic Society, is Deputy Editor-

in-Chief for the journal Sleep, and Associate Editor for ERJ, Pediatric Pulmonology, and Frontiers in Neurology. He has been the recipient of multiple awards including honorary doctorates from the University of Barcelona and University of Lleida in Spain. He has published over 875 peer-reviewed original articles carrying a H index of 140 and >85,000 citations, along with more than 175 book chapters and reviews, edited 7 books, and has extensively lectured all over the world.



## DISTINGUISHED SERVICE AWARD

### Trish Braga, DDS

Dr. Braga graduated from the University of Minnesota School of Dentistry and established a multidisciplinary practice in 1983. In 2006 Dr. Braga entered the field of dental sleep medicine and became a Diplomate of the American Board of Dental Sleep Medicine in 2013. She began limiting her practice to dental sleep medicine in 2014 and completed

the transition in less than a year. She chaired the AADSM Accreditation Committee, served as a Director-at-Large for the ABDSM and participated on a consensus conference panel to develop the "Management of Side Effects of OAT for SDB" paper. She currently serves as the Director of Education for the American Academy of Dental Sleep Medicine.

## Friday, May 17

Exhibit Hall – Storyville Hall  
10:00am – 7:00pm

### Welcome Address and Awards

8:00am – 9:00am | *Celestin Ballroom DE*

Mitchell Levine, DMD, President

Arthur Feigenbaum, DMD, Chair, Annual Meeting Committee

### OPENING ADDRESS\*

#### The Champion's Code: Building Relationships Through Life Lessons of Integrity and Accountability from the Sports World to the Business World

9:00am – 10:00am | *Celestin Ballroom DE*



**SPEAKER:** Ross Bernstein

**OVERVIEW:** During this presentation, Ross will present what he learned studying hall of fame athletes and championship sports team to provide insights on how prioritizing patient relations and an ethical business model can amp up your dental sleep medicine practice.

*\*This session will not be recorded and therefore can only be heard at the meeting. CE is not offered for this session.*

BREAK IN EXHIBIT HALL

10:00am – 10:30am

### KEYNOTE ADDRESS

#### A01: Flipping the OSA Model

10:30am – 11:30am | *Celestin Ballroom DE*



**SPEAKER:** Danny J. Eckert, PhD

**OVERVIEW:** This session will cover the latest cutting-edge science on OSA endotyping for precision medicine including new targeted therapy approaches. Specifically, this presentation will highlight recent research findings that indicate that most people with OSA may be able to be effectively treated with OAT plus one or more add-on non-CPAP combination therapies.

#### OBJECTIVES:

- ▶ Define the key different pathophysiological causes of OSA;
- ▶ Describe the different new and emerging targeted non-CPAP therapies for OSA that are being developed including combination therapies; and
- ▶ Differentiate which patients may be most suitable for oral appliance therapy alone or in combination with other add-on combination therapies based on underlying pathophysiology.

### Track A A02: Morbidity of Obstructive Sleep Apnea: Putative Mechanisms and Prospective Interventions

11:30am – 12:30pm | *Celestin Ballroom DE*

**SPEAKER:** David Gozal, MD, MBA, PhD

2024 Pierre Robin Recipient

**OVERVIEW:** In this session, the putative roles of the gut microbiome, circulating exosomes, blood brain barrier and autonomic nervous system dysfunction along with conceptual frameworks such as cellular senescence will be reviewed.

#### OBJECTIVES:

- ▶ Understand the biomarker and pathophysiological role of autonomic system dysfunction in OSA-induced morbidity;
- ▶ Understand gut microbiome alteration in sleep apnea and their contributions to morbidity; and
- ▶ Discuss the role of the blood brain barrier and on exosome cargo alterations as drivers of end-organ morbidity in OSA.

LUNCH ON YOUR OWN AND EXHIBIT HALL

12:30pm – 2:00pm

### INDUSTRY PRODUCT THEATERS

#### Complexity to Clarity: Solving Medical Billing & Referrals for Dental Sleep Medicine

*Sponsored by: Nierman Practice Management*

1:00pm – 2:00pm | *Room: Celestin Ballroom H*

*For more information and to register, visit Nierman Practice Management at Booth 303.*

#### A Shift to an Oxygen Driven Approach for OSA Treatment

*Sponsored by: ProSomnus Sleep Technologies*

1:00pm – 2:00pm | *Room: Celestin Ballroom G*

*For more information and to register, visit ProSomnus Sleep Technologies at Booth 402.*

*These events are not part of the official AADSM program. While the AADSM appreciates the support of companies hosting industry product theaters (IPTs), the AADSM does not endorse or recommend any of the products or services offered through IPTs. The AADSM does not review, investigate, or otherwise approve the quality, type, message, nature, or value of any product or service marketed at an IPT and assumes no liability of any kind for any verbal or written information provided by any exhibitor, advertiser, or sponsor or their employees, agents, or representatives. We encourage you to conduct your own independent research to verify and investigate each company and its products or services. Please consult your own professional advisors for all advice concerning dental, legal or financial matters in connection with the products and services offered.*

**Track A A03: Wearables**

2:00pm – 3:00pm | *Celestin Ballroom E*

**SPEAKER:** Ambrose Chiang, MD

**OVERVIEW:** The landscape of clinical practice is being reshaped by the swift evolution of sleep technologies. While the optimal moment for the widespread adoption of these technologies may not have yet arrived, their role is undeniably set to rapidly expand in the foreseeable future. This session will review the strengths, limitations, and supporting literature of the medical-grade OSA-detecting wearables recently cleared by the FDA.

**OBJECTIVES:**

- ▶ Explain the fundamental mechanisms and specific features of various OSA-detecting wearables;
- ▶ Describe the strengths and limitations of FDA-cleared OSA-detecting wearables by reviewing existing literature; and
- ▶ Gain insights into emerging trends and developments concerning OSA diagnostic testing.

**Track B B01: Oral Presentations**

2:00pm – 3:00pm | *Celestin Ballroom D*

The authors of the following six abstracts will present their research during this session. Authors selected for oral presentations are allotted 8 minutes to present their abstract, followed by 2 minutes for question and answer. The three-digit poster ID number corresponds to the abstract supplement provided in your registration materials.

**2:00pm – 2:10pm | Poster #027**

***Student Excellence Award***

SNORING AS A PREDICTOR FOR ORAL APPLIANCE THERAPY TREATMENT OUTCOMES

*T. Kamal*

**2:10pm-2:20pm | Poster #016**

***Student Research Award***

THE COMPARISON OF THE CLINICAL EFFICACY OF TWO CUSTOM-MADE TITRATABLE MANDIBULAR ADVANCEMENT DEVICES IN OSA

*M. Van Daele*

Invites you to the Industry Product Theatre

## COMPLEXITY TO CLARITY: SOLVING MEDICAL BILLING & REFERRALS FOR DENTAL SLEEP MEDICINE

*Friday, May 17, 1-2pm  
Celestin Ballroom H*

SPACE IS LIMITED!  
RSVP AT [NIERMANPM.COM/AADSMEVENT](https://NIERMANPM.COM/AADSMEVENT)  
OR NIERMAN PRACTICE MANAGEMENT **BOOTH 303**

# A Shift to an Oxygen Driven Approach for OSA Treatment

- Precision OAT Devices
- Science and Clinical Studies

Industry Product Theater Event

May 17, 2024  
1:00pm-2:00pm  
Celestin Ballroom G

Contact ProSomnus at [Events@ProSomnus.com](mailto:Events@ProSomnus.com) to register for this event. Seating is limited.

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[ProSomnus.com](https://ProSomnus.com)  
 A Leading non-CPAP OSA Therapy™

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2:20pm-2:30pm | Poster #028

**Student Research Award**

SUBJECTIVE AND OBJECTIVE DENTAL SIDE EFFECTS IN ORAL APPLIANCE TREATMENT OF OSA - MULTICENTER RANDOMIZED CONTROLLED TRIAL

A. Alhozgi

2:30pm-2:40pm | Poster #018

**Clinical Excellence Award**

OVERALL CLINICAL EFFECTIVENESS OF ORAL APPLIANCE THERAPY AS A FIRST-LINE TREATMENT OPTION COMPARED WITH CONTINUOUS POSITIVE AIRWAY PRESSURE IN PATIENTS WITH MODERATE TO SEVERE OBSTRUCTIVE SLEEP APNEA: THE FLOSAT STUDY

M. Dieltjens

2:40pm-2:50pm | Poster #031

**Clinical Research Award**

ASSESSMENT OF SLEEP APNEA-SPECIFIC HYPOXIC BURDEN (SASHB) WITH COMBINATION THERAPY WITH NOVEL ORAL APPLIANCE AND NOVEL ORAL POSITIVE EXPIRATORY PRESSURE ACCESSORY

S. Sharma

2:50pm-3:00pm | Poster #002

**Clinical Research Award**

NON-SLEEP RELATED OUTCOMES OF MAXILLOMANDIBULAR ADVANCEMENT, A SYSTEMATIC REVIEW

J. Yang

**Track A A04: REM Sleep Behavior Disorder (SBD)**

3:00pm – 4:00pm | *Celestin Ballroom E*

**SPEAKER:** Joyce Lee-Iannotti, MD

**OVERVIEW:** This session will encompass a review of the ICSD-3 criteria for RBD, the prevalence of RBD, etiology of primary and secondary forms of RBD, as well as sleep study protocols aimed at fully capturing REM sleep without atonia.

**OBJECTIVES:**

- ▶ Describe the pathophysiology associated with REM sleep behavior disorder (RBD);
- ▶ Discuss methods to diagnose and manage REM sleep behavior disorder; and
- ▶ Review the current literature regarding future implications of RBD including development of Parkinson's disease.

**Track B B02: Combination Therapy**

3:00pm – 4:00pm | *Celestin Ballroom D*

**SPEAKER:** Katherine Phillips, DDS, MS

**OVERVIEW:** This session will review the various types of combination therapy that can be utilized in general practice in order to improve patient outcomes and demonstrate the benefits of a multi-disciplinary approach to patient care.

**OBJECTIVES:**

- ▶ Define and describe combination therapy;
- ▶ Identify patients that may benefit from combination therapy;
- ▶ Apply appropriate methods of implementing combination therapy for those patients; and
- ▶ Communicate with physician and dentist colleagues regarding combination therapy.

BREAK IN EXHIBIT HALL

4:00pm – 4:30pm

**Track A A05: Creating Dental-Cardio Partnerships for Better Patient Outcomes**

4:30pm – 5:30pm | *Celestin Ballroom E*

**SPEAKER:** Shehzad Malik, MD

**OVERVIEW:** Mouth-breathing has been increasingly recognized in the world of airway dentistry, orthodontics and ear/nose/throat medicine but is not currently an active area of research in the allopathic branch of medicine. This session will focus on a pertinent screening question that may help improve the detection of sleep-related breathing disorders.

**OBJECTIVES:**

- ▶ Explain the significance of self-reported mouth-breathing in a cardiology patient population;
- ▶ Understand the relationship between worsening levels of sleep apnea in mouth breathers versus non-mouth breathers; and
- ▶ Gain the potential for improving working relationships between physicians and providers in the fields of dentistry, oromyofunctional therapy, and ENT medicine.

**Track B B03: Building Bidirectional Referral Relationships with ENTs to Improve Patient Outcomes**

4:30pm – 5:30pm | *Celestin Ballroom D*

**SPEAKER:** Phillip LoSavio, MD

**OVERVIEW:** This session will review strategies for achieving effective outcomes in coordination with a multidisciplinary team, and in particular with ENT colleagues. Learn about the array of current treatment options available beyond PAP therapy and how to effectively combine different modalities in a dental practice.

**OBJECTIVES:**

- ▶ Understand the diagnostic workup and management strategies in the field of sleep surgery;
- ▶ Identify areas of intersectionality where sleep dentistry and sleep surgery overlap and benefit from co-management of problems;
- ▶ Define common pathologies that affect the upper airway and contemporary methods for diagnosing the etiology of a patient's obstructive sleep apnea; and
- ▶ Counsel patients on the treatment algorithm for utilizing combined oral appliance therapy with other treatment modalities.

**AADSM Membership Meeting**

5:30pm – 6:00pm | *Celestin Ballroom E*

The AADSM Board of Directors invites all members to this meeting to learn about recent activities and initiatives of the AADSM.

**Networking Reception**

6:00pm – 7:00pm | *Exhibit Hall (Storyville Hall)*

All meeting attendees and registered guests are invited to attend this reception, which is included with your registration. Redeem the complimentary drink ticket you received with your name badge and network with colleagues and exhibitors while enjoying the sounds of New Orleans! The reception will also include light food stations and a full-service cash bar.



## Saturday, May 18

### First-Time Attendee Breakfast

7:00am – 8:00am | *Celestin Ballroom F–H*

The AADSM Board of Directors will host a breakfast for all first-time Annual Meeting attendees. The breakfast will provide an opportunity to network and gain insight into the dental sleep medicine profession. All first-time attendees will receive a ticket with their registration materials, which will be required to gain entrance to the breakfast.

### Track C C01: Dental Sleep Medicine 101

8:00am – 10:00am | *Celestin Ballroom A-C*

**SPEAKERS:** Tanya DeSanto, DDS; Emilee Kemper

**OVERVIEW:** This session will introduce dentists and team members to screening for sleep apnea, incorporating dental sleep medicine into their existing dental practices, and setting up a team for success.

**OBJECTIVES:**

- ▶ Describe what dental sleep medicine looks like in a general dental practice;
- ▶ Discuss a process for screening for sleep apnea;
- ▶ Identify the first steps to incorporating dental sleep medicine into a general dental practice.



**Learn more about the  
AADSM Mastery Program**  
[aadsm.org/mastery](http://aadsm.org/mastery)



### Track A A07: Hacking Sleep: Optimizing Sleep and Circadian Health for Elite Performance

9:00am – 10:00am | *Celestin Ballroom E*

**SPEAKER:** Michael Howell, MD

**OVERVIEW:** This session will review the importance of sleep for brain health and athletic performance, illustrate common sleep and circadian challenges among elite athletes, and introduce the principles and steps behind sleep training and circadian coaching.

**OBJECTIVES:**

- ▶ Review the role of sleep on brain health and athletic performance;
- ▶ Describe a common sleep problem frequently experienced by elite athletes; and
- ▶ Explain the benefits of sleep coaching and circadian training for athletes.

### Track B B05: How to Speak Confidently with Your Referring Physicians

9:00am – 10:00am | *Celestin Ballroom D*

**SPEAKER:** Andrew Soulimiotis, DMD

**OVERVIEW:** This case-based session will focus on how to communicate with physicians about sleep test results, potential issues with the results, and comparisons between the before and after tests to identify differences and how it may influence continual titration.

**OBJECTIVES:**

- ▶ Speak with physicians about the important aspects of a sleep test;
- ▶ Discuss the difference in the diagnostic vs. follow-up sleep tests to determine if titration is still needed;
- ▶ Differentiate if UAR vs. OSA is diagnosed by the physician and how to speak with them about the differences; and
- ▶ Extract more than just the AHI in a sleep test and understand its effect if improvement has been achieved with your treatment.

### Track A A06: COMISA – Co-morbid Insomnia and Sleep Apnea

8:00am – 9:00am | *Celestin Ballroom E*

**SPEAKER:** Alexander Sweetman, PhD

**OVERVIEW:** Insomnia and OSA have historically been viewed as completely independent conditions, however, they frequently co-occur, resulting in significant morbidity and reduced treatment-response to otherwise effective treatments for insomnia-alone and OSA-alone.

**OBJECTIVES:**

- ▶ Recognize co-morbid insomnia and sleep apnea (COMISA) prevalence in different settings;
- ▶ Understand the consequences of COMISA in the general population and sleep clinic settings;
- ▶ Describe treatment approaches for COMISA; and
- ▶ Review future directions in this rapidly emerging field.

### Track B B04: Extracting Clinically Relevant Data from a Sleep Test

8:00am – 9:00am | *Celestin Ballroom D*

**SPEAKER:** Paul Levine, DDS

**OVERVIEW:** Reading the data from a sleep test can be a daunting and confusing experience. This case-based session will focus on a patient-centered algorithm for extracting both objective and subjective data to provide patient-centered care.

**OBJECTIVES:**

- ▶ Design a personal and patient-centric algorithm to evaluate sleep tests;
- ▶ Integrate subjective reports, including a patient’s sleep testing experience, and objective data to find clinically relevant meaning in patients’ sleep testing (i.e., “solve the mystery”);
- ▶ Identify and extract useful data from a sleep test; and
- ▶ Recognize situations that might influence data collection and mislead interpretation of a sleep test.

## VOLUNTEER INFORMATION

*Interested in volunteering  
with the AADSM?*

Stop by the registration counters  
in the Celestin Ballroom Foyer  
for more information.

BREAK AND POSTER VIEWING IN EXHIBIT HALL  
10:00am – 10:30am

## Poster Viewing

10:00am – 10:30am | Exhibit Hall

All posters are available for viewing in the exhibit hall throughout the AADSM Annual Meeting. Presenters of the posters listed below are available for questions and comments during this time.

### POSTER #001

SLEEP MEDICINE EDUCATION AMONG US POSTGRADUATE DENTAL SPECIALTY PROGRAMS. A CROSS-SECTIONAL STUDY  
*Sangalli, Alessandri-Bonetti, Rao, Yanez-Regonesi, Moreno-Hay*

### POSTER #004

SELF-REPORTED MOUTH BREATHING HABITS DURING SLEEP AND ITS EFFECTS ON SLEEP-DISORDERED BREATHING: A CASE-CONTROL STUDY  
*Malik, Chaudhry, Curtis, Sameja, Weber*

### POSTER #006

MAD THERAPY FOR OSA PATIENT WITH COMORBID TMD SYMPTOMS: A CASE REPORT  
*Correa, Moon*

### POSTER #007

EFFICACY OF ORAL APPLIANCE THERAPY ON POSITIONAL OSA: A CASE REPORT  
*Allanqawi, Mishra, Correa*

### POSTER #009

A SURVEY OF THAI PHYSICIANS' KNOWLEDGE, PRACTICE, AND ATTITUDE TOWARD ORAL APPLIANCE THERAPY ON THE TREATMENT OF OBSTRUCTIVE SLEEP APNEA  
*Ananwattananon, Chaweewannakorn, Boonpratham, Satravaha, Peanchitlertkajorn*

### POSTER #010

COMPARISON OF PREFERENCE FOR TWO MANDIBULAR ADVANCEMENT DEVICES IN OBSTRUCTIVE SLEEP APNEA PATIENTS: A PILOT RANDOMIZED CROSSOVER TRIAL  
*Rosenmüller, Donders, Lobbezoo, de Lange, Aarab*

### POSTER #011

GENDER DIFFERENCES IN MANDIBULAR ADVANCEMENT DEVICE TREATMENT IN PATIENTS WITH OBSTRUCTIVE SLEEP APNEA: A ONE-YEAR FOLLOW-UP  
*Huang, Lobbezoo, Bakacak, Aarab*

### POSTER #015

CASE REPORT OF SIX CONSECUTIVE PATIENTS TREATED WITH A NOVEL ORAL APPLIANCE  
*Ross*

### POSTER #017

ANALYZING FORCE DISTRIBUTION AND ADVERSE EFFECTS IN A NOVEL MANDIBULAR ADVANCEMENT DEVICE FOR OBSTRUCTIVE SLEEP APNEA THROUGH FINITE ELEMENT STUDY  
*Ruangsrri, Srisanoi, Thanachaisakul, Santivivattanaphong, Wutha, Deesamoot, Boonsrirattana, Pratumwal, Jorn, Pisek*

### POSTER #019

ASSESSING HEALTH OUTCOMES WHEN TREATING OBSTRUCTIVE SLEEP APNEA WITH MANDIBULAR PROTRUDING APPLIANCES  
*Mosca, Grosse, Remmers*

### POSTER #021

INCIDENCE OF ADVERSE EFFECTS WITH MANDIBULAR ADVANCEMENT DEVICE THERAPY AND IMPACT ON TREATMENT MODALITY CHOICE IN PATIENTS DIAGNOSED WITH SEVERE OBSTRUCTIVE SLEEP APNEA  
*Charkhandeh, Dieltjens, Vanderveken*

### POSTER #024

RECENTLY DIAGNOSED OBSTRUCTIVE SLEEP APNEA PATIENTS: KNOWLEDGE AND MINDSET  
*Collier, Vanhoof, Verbraecken, Van de Castele*

### POSTER #025

SLEEP APNEA AT ALTITUDE  
*Engholdt, Jackson, Stern*

### POSTER #027

SNORING AS A PREDICTOR FOR ORAL APPLIANCE THERAPY TREATMENT OUTCOMES  
*Kamal, Almeida, Yadollahi, TaghiBeyglou*

### POSTER #029

COMPARISON OF CONSUMER TECHNOLOGIES TO A TYPE II HOME SLEEP APNEA TEST  
*Lachapelle, Gerstner*

## Track A A08: CPAP's Impact on Cardiovascular Risk: A New Study

10:30am - 11:30am | Celestin Ballroom E

**SPEAKER:** Sanja Jelic, MD

**OVERVIEW:** In this session, Dr. Jelic will review the findings from a recent study that found that greater CPAP levels were associated with worse cardiovascular outcomes. Learn more about the study results and what further research is needed.

### OBJECTIVES:

- ▶ Describe the impact of untreated and treated sleep apnea on cardiovascular risk;
- ▶ Explain the mechanisms underlying the lack of improvement in cardiovascular risk after CPAP use as a secondary prevention.

## Track B B06: Edentulous Patients

10:30am – 11:30am | Celestin Ballroom D

**SPEAKER:** Rubina Nguyen, DDS

**OVERVIEW:** This case-based session will specifically address the unique considerations and approaches when treating edentulous patients with oral appliance therapy. It aims to shed light on effective strategies for this particular demographic, considering their distinct dental challenges.

### OBJECTIVES:

- ▶ Identify the suitable edentulous patient for oral appliance therapy, considering essential factors and individual characteristics;
- ▶ Acquire knowledge in the steps involved in fabricating oral appliances for both edentulous and partially edentulous patients;
- ▶ Understand the procedures for delivering and following up on oral appliances for edentulous patients, ensuring a patient-centered treatment experience; and
- ▶ Anticipate, identify, and manage common complications in oral appliance therapy for edentulous patients, enhancing patient outcomes.

**Track C C02: Getting a Patient to Yes**

10:30am – 11:30am | *Celestin Ballroom A-C*

**SPEAKER:** Erica Johannes, DDS

**OVERVIEW:** Learn what steps to take before, during and after a patient’s initial appointment in order to create understanding and excitement about treatment.

**OBJECTIVES:**

- ▶ Prepare both patients and referring providers to lay a solid foundation before the visit;
- ▶ Educate patients in a way that they understand and are excited about treatment; and
- ▶ Employ sales and follow up techniques to get patients to commit to treatment.

**Track A A09: Supplemental Oxygen Improving OAT Outcomes**

11:30am – 12:30pm | *Celestin Ballroom E*

**SPEAKER:** Jonathan Lown, MD

**OVERVIEW:** Research has revealed that the High Loop Gain endophenotype is the culprit in most patients that don’t respond well to OAT, and that chronic hypoxia plays a major driving force in this subtype. Oxygen therapy, in addition to OAT may prove to be a successful adjunct in patients who want to continue to pursue OAT but have had difficulty reducing their AHI.

**OBJECTIVES:**

- ▶ Review OSA treatment shortcomings and understand what is meant by failure;
- ▶ Discuss the basics of breathing during sleep;
- ▶ Describe the pathophysiology and common causes of oral appliance failure; and
- ▶ Understand oxygen’s role in improving OAT outcomes.

**Track B B07: Patient Workflow Toward OAT**

11:30am – 12:30pm | *Celestin Ballroom D*

**SPEAKERS:** Aaron Glick, DDS; Diana Batoon, DMD

**OVERVIEW:** Sleep apnea is complex and requires multiple types of providers working towards the goal of personalized care for the patient. This session will review patient-based cases to provide the groundwork for dentists and team members to appropriately direct and navigate patients towards OAT for the treatment of OSA.

**OBJECTIVES:**

- ▶ Understand appropriate referrals to other sleep providers;
- ▶ Feel comfortable assessing multiple sources of information to provide a pathway for patient treatment involving oral appliance therapy;
- ▶ Design a framework for your dental office to work with sleep apnea patients; and
- ▶ Explore real-world specific patient cases.

**Track C C03: Simplifying DSM Workflows: 4 Keys to Freedom**

11:30am – 12:30pm | *Celestin Ballroom A-C*

**SPEAKER:** Paul Jacobs, DDS

**OVERVIEW:** Dentists and team members will learn the four foundational building blocks of successful team-driven DSM workflows to develop a thriving DSM practice.

**OBJECTIVES:**

- ▶ Unlock the full potential of office team members;
- ▶ Define the four basic building blocks of DSM workflows;
- ▶ Identify team roles in DSM workflows; and
- ▶ Develop and customize a uniform plan of operation for your DSM practice.

**Learn more about the AADSM DSM Team Training Program**

 [aadsm.org/dsmteamtraining](https://aadsm.org/dsmteamtraining)



LUNCH ON YOUR OWN AND EXHIBIT HALL

12:30pm – 2:00pm

**ABDSM Q&A Session**

12:30pm – 1:00pm | *Celestin Ballroom E*

Have questions about the ABDSM exam? Stop by to participate in this question and answer session!

**AADSM Mentor Meet Up**

12:30pm – 1:00pm | *Celestin Ballroom Foyer*

Members of the AADSM Mentor Program, connect with your mentor or mentee! Find the AADSM Mentor Meet Up spot in the Celestin Ballroom Foyer. You can also learn more about how to apply for the 2024–2025 program.

## Spencer Study Club

### How to Massively Increase Sleep (& TMD) In Your Practice

Saturday, May 18th, 1:00 - 2:00, Lunch Provided

Dr. Tanya Kushner



*How I increased my limited sleep & TMD practice from several hundred thousand to several million in less than 5 years*

Dr. Nancy Addy



*If you think you have to work with insurance to be successful in DSM, you're wrong*

Dr. Brian Briesemeister



*Going from general dentistry to limited sleep & TMD, but keeping the general practice*

*By invitation only*

Come to booth 403 for more information

#### INDUSTRY PRODUCT THEATERS

##### How to Massively Increase Sleep (& TMD) In Your Practice

Sponsored by: *Spencer Study Club*

1:00pm – 2:00pm | Room: *Celestin Ballroom H*

For more information and to register, visit *Spencer Study Club* at Booth 403.

##### Introduction to OrthoApnea NOA, a Novel Design in the US Obstructive Apnea Therapy (OAT)

Sponsored by: *OrthoApnea*

1:00pm – 2:00pm | Room: *Celestin Ballroom G*

For more information and to register, visit *OrthoApnea* at Booth 328.

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#### Track A A10: Women and Sleep

2:00pm – 3:00pm | *Celestin Ballroom E*

**SPEAKER:** Fareeha Hussaini, MD

**OVERVIEW:** This session will be an introduction to common sleep disorders that can occur throughout a woman's life.

**OBJECTIVES:**

- ▶ Identify common sleep disturbances in women;
- ▶ Explain how hormonal changes throughout a woman's life can affect sleep;
- ▶ Acknowledge the increased prevalence of sleep-related breathing disorders in menopause and pregnancy; and
- ▶ Understand ways in which sleep disorders in pregnancy can be combatted.

#### Track B B08: Device Design for Challenging Dental Issues: Materials and Manufacturing Decisions

2:00pm – 4:00pm | *Celestin Ballroom D*

**SPEAKERS:** John Carollo, DMD; David Schwartz, DDS

**OVERVIEW:** With over 100 FDA cleared oral appliances on the market, selecting the appropriate appliance for each patient can be a challenge. Learn how to consider oral appliance materials and mechanisms of action, patients' dental issues, and their dentition when selecting an appliance.

**OBJECTIVES:**

- ▶ Recognize various dental issues and how they relate to oral appliance device selection;
- ▶ Describe the various oral appliance device mechanism of action as it pertains to a patient's dentition and how to utilize this in oral appliance selection; and
- ▶ Define materials and oral appliance design issues as it relates to side effects and device selection.

# OrthoApnea

invites you to  
the Industry Product Theatre



## Introduction to OrthoApnea NOA, a novel design in the US Obstructive Apnea Therapy (OAT)

Saturday, May 18  
1:00—2:00pm

Room  
Celestin Ballroom G

RSVP at [www.orthoapnea-academy.com/aadsm](http://www.orthoapnea-academy.com/aadsm)

Come and meet us: Booth 328



### Track C C04: Defining Success and Informed Consent

2:00pm – 3:00pm | Celestin Ballroom A-C

**SPEAKER:** Paige Murrer, DMD

**OVERVIEW:** Learn how to determine and define success in OAT, both subjectively and objectively in the context of other treatment modalities and communicate this success to the patient and referring providers.

**OBJECTIVES:**

- ▶ Establish informed consent as a process and mutual agreement between the doctor and patient;
- ▶ Define all necessary aspects of informed consent;
- ▶ Determine success with OAT beyond post-treatment AHI outcomes; and
- ▶ Communicate positive OAT outcomes to patients and referring providers.

### Track A A11: Narcolepsy: A Patient and Physician Perspective

3:00pm – 4:00pm | Celestin Ballroom E

**SPEAKERS:** Julie Flygare; Judy Owens, MD

**OVERVIEW:** Ms. Flygare will provide a first-hand perspective on finding a diagnosis of type 1 narcolepsy with cataplexy while in law school and why she founded a non-profit to raise awareness and advocate for sleep health, sleep equity and sleep disorders. Dr. Owens will provide a pediatric sleep physician's perspective on the challenges faced by adolescents with narcolepsy and their families, especially as they make the transition to young adulthood.

**OBJECTIVES:**

- ▶ List symptoms of narcolepsy from a first-hand perspective as opposed to a textbook definition;
- ▶ Describe the real-life experiences of people diagnosed with narcolepsy while adjusting to treatments and facing social stigmas; and
- ▶ List opportunities to get involved with patient advocacy organizations to collaborate on patient-centered approaches to improve outcomes for people living with sleep disorders.

### Track C C05: Identifying the Best Billing Model: A Panel Discussion

3:00pm – 4:00pm | Celestin Ballroom A-C

**SPEAKERS:** Christopher Hart, DDS; Tanya Kushner, DDS; Eric Runyon, DDS

**OVERVIEW:** There are a variety of billing models to use when setting up a dental sleep medicine practice. During this panel, presenters who are using a variety of billing models will discuss how they landed on their billing model, what works and what doesn't.

**OBJECTIVES:**

- ▶ Review the different models for dental sleep medicine billing in a dental practice;
- ▶ Consider effective models of dental sleep medicine billing management; and
- ▶ List what steps are needed to identify the best billing model.

BREAK AND POSTER VIEWING IN EXHIBIT HALL

4:00pm – 4:30pm

### Poster Viewing

4:00pm – 4:30pm | Exhibit Hall

All posters are available for viewing in the exhibit hall throughout the AADSM Annual Meeting. Presenters of the posters listed below are available for questions and comments during this time.

**POSTER #002**

NON-SLEEP RELATED OUTCOMES OF MAXILLOMANDIBULAR  
ADVANCEMENT, A SYSTEMATIC REVIEW

*Yang, Tan, Ho, Rosenmüller, van Riet, de Lange*

**POSTER #003**

SMART MANDIBULAR ADVANCEMENT DEVICES FOR OBSTRUCTIVE  
SLEEP APNEA: A SYSTEMATIC LITERATURE REVIEW

*Yang, Rosenmüller, van Riet, Tan, Ho, de Lange*

## POSTER #005

CORRELATION BETWEEN INTRAORAL MARKERS AND THE RISK OF OBSTRUCTIVE SLEEP APNEA IN CHILDREN

*Chiang, Powers, Carrico, Tufekci*

## POSTER #008

PHYSICAL PROPERTY TESTING TO SUPPORT 3D PRINTED MANDIBULAR ADVANCEMENT DEVICES

*Abbassi, Glick, Ontiveros*

## POSTER #012

ORAL APPLIANCE THERAPY COMBINED WITH HYPOGLOSSAL-NERVE STIMULATION: CASE REPORT

*Abuhaimed, Correa*

## POSTER #013

PERSISTENT EXCESSIVE DAYTIME SLEEPINESS AFTER RESOLUTION OF OBSTRUCTIVE SLEEP APNEA

*Correa, Mishra*

## POSTER #014

FIVE-YEAR, PROSPECTIVE, MULTICENTER, REAL-WORLD STUDY TO ASSESS THE LONG-TERM SAFETY, INITIAL MANAGEMENT, AND EFFECTIVENESS OF A CAD/CAM, 3-D PRINTED ORAL APPLIANCE IN THE TREATMENT OF OBSTRUCTIVE SLEEP APNEA: UPDATED INTERIM ANALYSIS

*Gagnadoux, Woidtke, Fortin, Sedki*

## POSTER #016

THE COMPARISON OF THE CLINICAL EFFICACY OF TWO CUSTOM-MADE TITRATABLE MANDIBULAR ADVANCEMENT DEVICES IN OSA

*Van Daele, Dieltjens, Verbraecken, Braem, Vanderveken*

## POSTER #018

OVERALL CLINICAL EFFECTIVENESS OF ORAL APPLIANCE THERAPY AS A FIRST-LINE TREATMENT OPTION COMPARED WITH CONTINUOUS POSITIVE AIRWAY PRESSURE IN PATIENTS WITH MODERATE TO SEVERE OBSTRUCTIVE SLEEP APNEA: THE FLOSAT STUDY

*Dieltjens, Charkhandeh, Van den Bossche, Engelen, Van Loo, Goossens, Verbraecken, Braem, Vanderveken*

## POSTER #020

THE EFFECT OF INCREASED WEIGHT AND OBESITY ON AHI REDUCTION AND MANDIBULAR ADVANCEMENT DEVICE EFFECTIVENESS IN THE TREATMENT OF OBSTRUCTIVE SLEEP APNEA

*Garcia, Dookun, Bouúaert, Schwartz*

## POSTER #022

EFFICACY OF ORAL APPLIANCE THERAPY FOR OBSTRUCTIVE SLEEP APNEA IN A VIRTUAL WORKFLOW. A REVIEW OF 1,242 CASES

*Stern, Pezella, Jackson*

## POSTER #023

COMPARISON OF TELEMEDICINE VERSUS IN-OFFICE DELIVERY OF MANDIBULAR ADVANCEMENT DEVICES. A REVIEW OF 757 CASES

*Jackson, Pezella, Stern*

## POSTER #026

THERMAL LINERS IN MANDIBULAR ADVANCING DEVICES: ENHANCING ADAPTABILITY WHILE MITIGATING RISKS

*Kalish, DiGiambattista, Regalado*

## POSTER #028

SUBJECTIVE AND OBJECTIVE DENTAL SIDE EFFECTS IN ORAL APPLIANCE TREATMENT OF OSA - MULTICENTER RANDOMIZED CONTROLLED TRIAL

*Alhozgi, Pliska, Huynh, Zhang, Almeida*

## POSTER #030

EFFICACY OF COMBINATION THERAPY WITH A NOVEL ACCESSORY WITH THE NOVEL ORAL APPLIANCE IN MILD AND MODERATE OBSTRUCTIVE SLEEP APNEA - A CLINICAL TRIAL

*Sharma, Conflitti, Reiter*

## POSTER #031

ASSESSMENT OF SLEEP APNEA-SPECIFIC HYPOXIC BURDEN (SASHB) WITH COMBINATION THERAPY WITH NOVEL ORAL APPLIANCE AND NOVEL ORAL POSITIVE EXPIRATORY PRESSURE ACCESSORY

*Sharma, Conflitti, Reiter*

## Late-Breaking Abstracts

Refer to the printed Abstract Supplement in your meeting materials for information on these abstracts.

### Track A A12: Diet and Sleep: Vicious or Healthful Cycle?

4:30pm – 5:30pm | *Celestin Ballroom E*

**SPEAKER:** Faris Zuraikat, PhD

**OVERVIEW:** This session will review evidence of a potential interplay between diet and sleep, discuss how this information could be applied to improve health, and highlight avenues for future research.

#### OBJECTIVES:

- ▶ Summarize the effects of sleep on food choice and intake;
- ▶ Describe a potential pathway by which a healthful diet could improve sleep outcomes; and
- ▶ Extrapolate findings from research studies on sleep and diet to develop approaches to improve patient health.

### Track B B09: "Failure" Management

4:30pm – 5:30pm | *Celestin Ballroom D*

**SPEAKER:** Michael Simmons, DMD

**OVERVIEW:** This case-based session will define treatment "failure" and treatment "success". Recognize the percentage of cases that fail, common reasons for failures, and how to manage these cases.

#### OBJECTIVES:

- ▶ Define failure and success as it relates to treating patients with OAT;
- ▶ Understand options to preemptively manage failure; and
- ▶ Determine if recovery from failure is possible.

### Track C C06: Billing and Coding Q&A

4:30pm – 5:30pm | *Celestin Ballroom A-C*

**SPEAKERS:** Erica Johannes, DDS; Lindsey Deol, DDS; Judith Roan, CGS; Ashley DeCoteau, Noridian; Lori Weber, Noridian Part B

**OVERVIEW:** Representatives from the DME MACs, Noridian and CGS, as well as knowledgeable dental sleep medicine clinicians will be available to answer questions related to billing and coding for Medicare and commercial insurance. Attendees are encouraged to come with questions.

#### OBJECTIVES:

- ▶ Receive answers to questions regarding billing Medicare and commercial insurance for OAT services.

## Sunday, May 19

### Track A A13: Side Effects That Impact Compliance and Solutions

8:00am – 9:00am | *Celestin Ballroom E*

**SPEAKER:** Julia Cohen-Lévy, DDS, MSc, PhD

**OVERVIEW:** This session will address the various side effects of oral appliance therapy, emphasizing proactive management to enhance patient compliance. It will describe how patient support begins even before the device is delivered, preparing them for transient, slight or more disturbing inconveniences.

**OBJECTIVES:**

- ▶ Recognize and proactively address short-term side effects, including hypersalivation, dry mouth, and gag reflex, to optimize patient adherence;
- ▶ Adopt a systematic approach to documenting and monitoring muscular/joint symptoms, with the incorporation of specific clinical tips for effective patient support; and
- ▶ Lead an open discussion about occlusal changes, ensuring patients are well-informed and engaged in the decision-making process.

### Track A A14: Managing Bite Change Side Effects

9:00am – 10:00am | *Celestin Ballroom E*

**SPEAKER:** Carlos Flores Mir, DDS, MSc, DSc

**OVERVIEW:** This session will address why bite changes happen and discuss different management alternatives to control or correct these changes. 3D anteroposterior, transversal, and vertical considerations and potential periodontal and functional consequences will be emphasized.

**OBJECTIVES:**

- ▶ Recognize which bite changes are more likely related to the mandibular advancement device per se vs. other causes;
- ▶ Identify orthodontic appliances that can help address the associated bite changes; and
- ▶ Compare how much the portrayed bite changes become an important variable vs. maintaining success while using the mandibular advancement device.

BREAK

10:00am – 10:30am

### Track A A15: Managing TMD Side Effects

10:30am – 11:30am | *Celestin Ballroom E*

**SPEAKER:** Connor Peck, DDS

**OVERVIEW:** One of the most common adverse side effects of oral appliance therapy is the development or exacerbation of temporomandibular disorders (TMD). This session will offer strategies to decrease the incidence of TMD symptoms in sleep patients and highlight treatment approaches to manage those symptoms, should they occur.

**OBJECTIVES:**

- ▶ Classify the most common clinical manifestations of temporomandibular disorders (TMD);
- ▶ Define specific risk factors for TMD development in patients being treated with mandibular advancement devices;
- ▶ Develop protocols to minimize risk of TMD side effects in sleep patients; and
- ▶ Understand and integrate treatment strategies to manage TMD symptoms in patients should they develop.

### Track A A16: Printing Devices

11:30am – 12:30pm | *Celestin Ballroom E*

**SPEAKERS:** Aaron Glick, DDS; David Flamenco, DDS

**OVERVIEW:** Manufacturing of mandibular advancement devices has drastically changed along with the design features, materials, and methods of fabrication. Learn about technological advances in the manufacturing of oral appliances and how it relates to clinical practice.

**OBJECTIVES:**

- ▶ Identify different materials and understand the different indications for use;
- ▶ Describe important features of software and its clinical relevance;
- ▶ Examine the regulatory landscape for printing devices; and
- ▶ Analyze the opportunities of printing oral appliances in a dental practice.

## Evening at the Audubon Aquarium: A Networking Event

Saturday, May 18 | 6:30pm – 9:00pm

Advanced purchase of tickets to this event is required for entry.  
See an AADSM staff member at the registration counters  
to inquire if tickets are still available.

# EXHIBIT HALL DIRECTORY

COMPANY NAME	BOOTH #	COMPANY NAME	BOOTH #
Airway Management.....	315	Modern Dental Laboratory.....	419
Apex Dental Sleep Lab.....	313	Mr. Zianni’s Custom Italian Suits.....	206
ASAP Pathway.....	310	Myofunctional Research Co.....	210
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 Elite Booth

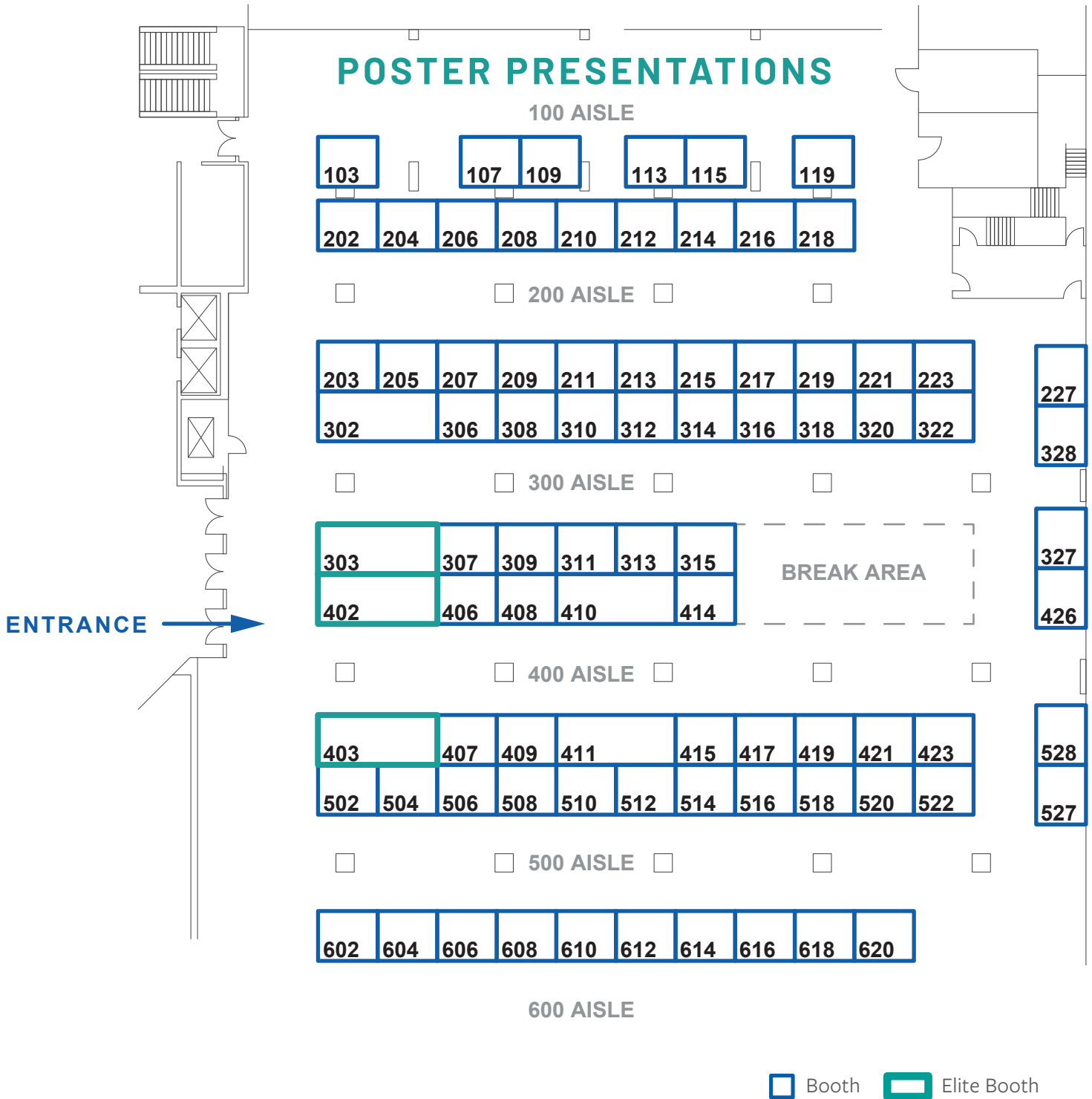
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*The AADSM does not review, investigate, or otherwise approve the quality, type, message, nature, or value of any product or service marketed by exhibitors and assumes no liability of any kind for any verbal or written information provided by any exhibitor, advertiser, or sponsor or their employees, agents, or representatives. We encourage you to conduct your own independent research to verify and investigate each company and its products or services. Please consult your own professional advisors for all advice concerning dental, legal or financial matters in connection with the products and services offered.*



# EXHIBIT HALL FLOOR PLAN

Hyatt Regency New Orleans – Storyville Hall



## EXHIBIT HALL HOURS

Friday, May 17 10:00am – 7:00pm

Saturday, May 18 10:00am – 4:30pm

## EXHIBITOR DESCRIPTIONS

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### **Airway Management** **Booth 315**

Dallas, TX | [tapintosleep.com](http://tapintosleep.com)  
866-264-7667

Airway Management, Inc. is a manufacturer of the TAP Sleep Care system which offers four unique oral device categories that provide snoring and sleep apnea treatment. Our devices are studied in the market, and range from non-custom oral appliances to hybrid custom oral appliances with CPAP masks.

### **Apex Dental Sleep Lab** **Booth 313**

La Mesa, CA | [apexsleep.com](http://apexsleep.com)  
619-724-6040

Apex Dental Sleep Lab is family owned and operated. We specialize in TMJ orthotics and sleep/snoring devices with over 50 years of experience in the industry. We are a licensed manufacturing partner for Panthera, EMA, TAP, OASYS, Oravan, SomnoMed, Kava and Vivas. Stop by our booth and speak with us!

### **ASAP Pathway**



### **Booth 310**

Oakhill, VA | [asapathway.com](http://asapathway.com)  
703-283-3745

ASAP Pathway is an online continuing education program that fosters community and mentorship to help further educate dentists on how to integrate pediatric airway management and sleep medicine into their practices.

### **Belun Technology Company Limited** **Booth 211**

Hong Kong, CA | [beluntech.com](http://beluntech.com)  
852-3706-5640

Belun Sleep Platform is an AI-enabled FDA 510(k) cleared system for OSA diagnosis. It's clinically validated in the U.S. to provide accurate AHI, sleep stages, and autonomic nervous system response. The Belun Sleep Platform is used for both HSAT and MAD treatment calibration for multi-night testing and has reusable capability.

### **Comprehensive Airway Management Support Alliance**



### **Booth 202**

Houma, LA | [airwaymanagement.org](http://airwaymanagement.org)  
985-381-7151

At the heart of CAMSA is a mission to bridge the gap between dental and medical care, ensuring patients suffering from sleep apnea receive comprehensive, effective, and personalized treatment possible. We strive to empower healthcare professionals with the tools, knowledge, and support needed to tackle sleep apnea head-on, enhancing patient outcomes and quality of life. Specializing in the comprehensive management of dental sleep medicine practices, providing ongoing, behind the scenes clinical support, continuing education credits, and increased visibility to the medical community. Helping patients, dentists, and physicians thrive in the sleep disordered breathing realm.

### **Dedicated Sleep & Implants** **Booth 318**

Estacada, OR | [dedicatedsleep.net](http://dedicatedsleep.net)  
310-383-1029

Dedicated Sleep is a nationwide specialty medical group with in-network health plan contracts that bridge the gap between the treating dentist and the medical insurance company in order to consistently treat more sleep patients. More patients, better care.

### **Delmore Medical** **Booth 311**

Hollywood, FL | [i-b-natural.com](http://i-b-natural.com)  
954-599-1407

We are a high-end, red-light therapy company that provides products for pain relief following dental procedures.

## Dental Sleep Profits



### Booth 314

Eugene, OR | [dentalsleepprofits.com](http://dentalsleepprofits.com)  
541-556-6629

Dental Sleep Profits is a partner for strategic sleep practice growth. With programs customized and catered for practices at every stage of growth, we consistently deliver results that honor the investments you've made into dental sleep medicine. With 35+ years combined sleep expertise, Dental Sleep Profits is changing the rules of Sleep Growth! Using proven approaches to marketing, data analysis, over-the-shoulder personalized guidance and cutting-edge patient acquisition tools, we craft your personal growth roadmap and coach your team to successful implementation. From jumpstarting your new sleep practice, to transitioning to retirement or out of general dentistry, join over 100+ committed dental sleep professionals, who followed our roadmap and coaching for sustainable sleep growth, without stressing out their staff and wasting their hard-earned money!

## Dental Sleep Solutions

### Booth 309

Bradenton, FL | [dentalsleepsolutions.com](http://dentalsleepsolutions.com)  
941-254-6552

Dental Sleep Solutions was created for dentists, by dentists to make it easier for you to practice dental sleep medicine. We offer education, software, training, and billing all centered on that same mission. Whether you're just learning about dental sleep or delivering 20+ devices a month, we've got you covered.

## Diamond Orthotic Lab

### Booth 207

La Mesa, CA | [diamondorthoticlab.com](http://diamondorthoticlab.com)  
619-797-0921

Diamond Orthotic Laboratory is a specialized laboratory that offers a full line of orthotics and digital solutions to treat patients with chronic and acute orofacial/craniofacial pain and sleep breathing disorders. Our foundation was built upon quality, accuracy, and providing our clients with a consistent pathway to better assist patient's needs.

## Doctor Multimedia

### Booth 307

La Jolla, CA | [doctormultimedia.com](http://doctormultimedia.com)  
800-679-3309

We are experts in website design and marketing for the medical industry. We provide doctors with internet solutions and marketing techniques that turn the web into an advantage for their practices.

## DynaFlex



### Booth 410

Lake St. Louis, MO | [dynaflex.com](http://dynaflex.com)  
800-489-4020

DynaFlex is one of the largest and most trusted laboratories of dental sleep medicine devices in the United States. DynaFlex offers a complete line of sleep devices, including CAD/CAM Milled Devices. Our high precision 5-axis milling machines create accurate, crystal clear, and durable sleep devices. DynaFlex offers all sleep devices with Accu-Fit lining, including Milled Devices! The Accu-Fit liner will guarantee every device fits the first time, every time! Accu-Fit also gives the ability of being able to refit over new crown and bridge work, saving costly re-makes when patients get dental restorations. DynaFlex is the go-to dental sleep lab. Speak with a member of our team to get started today.

## General Sleep Corporation

### Booth 215

Cleveland, OH | [generalsleep.com](http://generalsleep.com)  
216-289-2331

General Sleep is dedicated to providing products and services that enable DSM professionals to achieve maximum effectiveness in the diagnosis, treatment, and management of sleep apnea. Our highly affordable Zmachine® Synergy is a 9-channel, Type II, home sleep test with EEG-based sleep staging, respiratory measures, and body position.

## Great Lakes Dental Technologies

### Booth 208

Tonawanda, NY | [greatlakesdentaltech.com](http://greatlakesdentaltech.com)  
800-828-7626

Great Lakes Dental Technologies is an employee-owned company, with 225 employee-owners who design, develop, manufacture, and market appliances and products for use in the orthodontic, dental, and sleep and airway markets.

## EXHIBITOR DESCRIPTIONS

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### **HealthyStart by Ortho-tain** **Booth 203**

Winnetka, IL | [thehealthystart.com](http://thehealthystart.com)  
800-541-6612 ext: 6

The HealthyStart® System addresses the root causes of sleep-disordered breathing in 9 out of 10 children while straightening teeth without braces in a non-pharmaceutical, non-invasive system. We provide lectures educating on sleep-disordered breathing to identify the outward symptoms and treat the root causes and orthodontic conditions.

### **iTero (Align Technology)** **Booth 415**

Morrisville, NC | [itero.com](http://itero.com)  
315-283-6883

Align Technology is a global medical device company with products including the Invisalign® system, a clear aligner system, and iTero™ intraoral scanners and services for orthodontic and restorative dentistry and exocad™ CAD/CAM software. Align is driving the evolution in digital dentistry for today's practices.

### **KEGO Corporation** **Booth 409**

Louisville, KY | [Sleepnoodle.com](http://Sleepnoodle.com)  
800-600-1390

Sleep Noodle is a positional therapy product. Positional therapy is becoming more prevalent in sleep medicine as there is a correlation between body position and the frequency of snoring and apneic events during sleep. Sleeping in the supine position can reduce snoring and improve overall sleep quality.

### **Kettenbach** **Booth 421**

Huntington Beach, CA | [Kettenbach-dental.us](http://Kettenbach-dental.us)  
877-532-2123

Kettenbach is a leader in developing and manufacturing elite, German made, impression, resin restorative, bite management and preventive materials that allow the clinician to experience exceptional, predictable results.

### **LeoneAmerica Dental Products, Inc.** **Booth 227**

Oxnard, CA | [leoneamerica.com](http://leoneamerica.com)  
805-487-9860

Leone Orthodontics and Implantology of Florence, Italy, established in 1935, is an Italian manufacturer of orthodontic products. LeoneAmerica Dental Products, Inc. was formed and named as Leone's sole distributor for orthodontic and mandibular advancement devices in North America in 2017.

### **Max-Air Nose Cones® | Sinus Cones**



### **Booth 213**

Beverly Farms, MA | [maxairnosecones.com](http://maxairnosecones.com)  
800-797-0361

Max-Air Nose Cones® | Sinus Cones® are uniquely, soft and ergonomically shaped, internal nasal airway relief aids that optimize nasal breathing and maximize nasal airflow by gently supporting and opening the nasal airway. With three different product options, your patients can now select the perfect nasal airway device for more comfortable and effective nasal airway management when used in combination with OAT for sleep and snoring relief. Visit us online to view the entire line.

### **Medical Billing For Dentists** **Booth 423**

Modesto, CA | [medicalbillingfordentists.com](http://medicalbillingfordentists.com)  
209-380-5486

Medical Billing For Dentists provides your team with unique and successful financial and medical insurance strategies. The Billing Team with 18 years of "A to Pay" medical billing with mentoring for your team from Dr. Marty Lipsey! No software and no headaches---talk to us to hear the difference.

### **Medicare Representatives** **Booth 417**

Medicare administrative contractor representatives from several jurisdictions will be available to answer your questions about enrolling in or billing claims to Medicare. Staff from Medicare Part A/B contractors and from Durable Medical Equipment contractors will be available at times throughout the exhibit hall hours.

**MedPro**  
**Booth 406**

Katy, TX | medproinfo.org  
702-626-2307

MedPro specializes in a new and advanced solution in the medical field.

**Modern Dental Laboratory**  
**Booth 419**

Chicago, IL | moderndentalusa.com  
773-631-8888

Modern Dental Laboratory USA and Microdental Laboratories value your commitment to sleep apnea treatment. We are proud to offer a variety of sleep apnea devices including – WholeYou, The Moses and EMA. Please visit our booth to learn more about our sleep apnea solutions.

**Mr. Zianni's Custom Italian Suits**  
**Booth 206**

Irvine, CA | mrzianni.com  
412-491-1043

Exclusively handcrafted fine Italian menswear. Custom tailoring and design crafted to create a unique pattern based on your measurements—chalked directly upon the fabric of your choice. Just as your uniqueness is the very thing that makes you successful, so will be your suit as an expression of your individuality.

**Myofunctional Research Co**  
**Booth 210**

Ranch Cucamonga, CA | myoreserach.com  
866-550-4696

For over 30 years, our treatment systems have helped practitioners worldwide to treat orthodontic, TMJ and airway issues, as well as the underlying breathing and myofunctional causes. MRC has been a leader in its field and continues to expand with the ever increasing public demand for sleep and wellness solutions.

**Newsom**



**Booth 414**

Paris, France | bluepro.pro  
337-724-04409

Newsom manufactures and markets the temporary oral appliance BluePro. BluePro is custom-fitted at the chairside to provide immediate same-day treatment, with proven efficacy and tolerability comparable to custom-made devices over 6 months. Available at [www.bluepro.pro](http://www.bluepro.pro)

ELITE EXHIBITOR

**Nierman Practice Management**



**Booth 303**

Tequesta, FL | niermanpm.com  
800-879-6468

Trusted for over 35 years as a implementation partner of dental practices for medical billing, sleep apnea, and TMD. Our turnkey solutions proven training, cloud software, medical billing services and coaching support to remove the roadblocks holding you back from efficient practice growth in dental sleep medicine, TMD and oral surgeries.

## EXHIBITOR DESCRIPTIONS

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### Nonin Medical



#### Booth 212

Plymouth, MN | [nonin.com](http://nonin.com)  
800-356-8874

Nonin pulse oximetry devices are designed to work wherever and whenever you need them – so you can deliver quality care efficiently and with confidence. For more than 38 years, Nonin Medical has designed and manufactured noninvasive patient monitoring devices for healthcare professionals and individual users. Nonin pulse oximeters, sensors, and software deliver dependable performance day after day, in conditions that may contain movement, low perfusion, and/or diverse skin pigmentation. Nonin's exclusive pulse oximetry measurement system – which consists of PureLight® sensor technology and PureSAT® pulse oximetry technology – provides accurate and consistent oximetry measurements. Choose quality, choose Nonin.

### Open Airway Dental Solutions Ltd.



#### Booth 327

Toronto, Canada | [openairway.com](http://openairway.com)  
866-835-0116

OADS is a medical technology company offering novel therapies for management of patients suffering from obstructive sleep apnea. OADS offers an oral appliance with a proprietary air channel and positive expiratory pressure valve for additional benefit. O2Vent Optima is a clinically proven therapy with extensive clinical experience and research.

### Orthoapnea



#### Booth 328

Malaga, Spain | [orthoapnea.com](http://orthoapnea.com)  
34-951-20-4334

OrthoApnea is a global company, specialized in developing, producing, and distributing MADs.

Our patented OrthoApnea NOA is manufactured in a digital and personalized environment considering the mandibular biomechanics of each patient. The OrthoApnea NOA is a nylon splint making it a strong, flexible, and lightweight yet durable appliance.

### Panthera Dental

#### Booth 320

Quebec, Canada | [pantherasleep.com](http://pantherasleep.com)  
418-527-0388

Panthera Dental is committed to design and manufacture state-of-the-art products using proprietary CAD/CAM processes, smart manufacturing and superior quality materials, to the highest quality outcomes through their skilled and dedicated employees, to deliver peerless solutions to dental medical and sleep professionals who strive to improve patients' quality of life worldwide.

### Pristine Medical Billing

#### Booth 426

Murrieta, CA | [pristinemedicalbilling.com](http://pristinemedicalbilling.com)  
951-208-7277

Pristine Medical Billing is a full-service billing organization that predicts the insurance payment/patient out-of-pocket cost, pre-authorizes the treatment, and files/works the claims until carrier payment. Pristine offers a software system that is included with the \$199 monthly membership. We also offer credentialing, Medicare enrollment, in-network contacting, TMD and implant coverage.

## ELITE EXHIBITOR

### ProSomnus Sleep Technologies



#### Booth 402

Pleasanton, CA | ProSomnus.com  
844-537-5337

ProSomnus® Sleep Technologies is a manufacturer of precision, patient preferred, oral appliance therapy medical devices for the treatment of OSA. Seventeen studies encompassing over 1,400 unique patient datapoints demonstrate that ProSomnus precision devices provide efficacy on par with CPAP for mild and moderate OSA, excellent nightly adherence, mitigation of many side effects, symptom alleviation and quality of life improvements.

### Restfull, LLC



#### Booth 219

Kansas City, MO | restfull.com  
833-717-7444

Discover the future of dental sleep with Restfull's groundbreaking, all-in-one software, launching this weekend. Simplify your sleep practice by replacing multiple software platforms with Restfull, offering seamless integration for billing records, patient journey tracking, automated communications, referral management, sleep tests, and device ordering. Our Billing Intelligence solution lets you take control of billing and claims with credentialing, training, support, and software integration.

Whether your practice treats one or a thousand patients monthly, Restfull is the singular solution for seeing and treating more sleep patients-and getting you paid. Visit our booth to commemorate the launch and explore how Restfull can empower your sleep practice.

### Serena Sleep Solutions



#### Booth 209

Lakeland, MN | SerenaSleep.com  
651-233-7974

Serena Sleep. More Comfortable. For Everyone. Patients love Serena's silky smooth, ultra-thin appliances, which provide all-night comfort and healthy sleep. Dentists take comfort in knowing that they are delivering a high-end sleep appliance that doesn't take a big bite out of their profit margins. We are committed to improving your and your patient's success by providing comfort, effectiveness, affordability, and customer service. Don't miss out on our free trial offer! Stop by our booth to sign up and learn how Serena increases your patient satisfaction and your success.

### Sleep Apnea Leads

#### Booth 407

Dallas, TX | sleepapnealeads.com  
630-849-3607

We drive real, qualified sleep apnea patients to help you build a thriving dental sleep business without relying on doctors' referrals. Go to sleepapnealeads.com to get a free marketing health analysis delivered to your email.

### Sleep Group Solutions

#### Booth 411

Hollywood, FL | sleepgs.com  
954-256-2589

For over ten years Sleep Group Solutions has trained dentists nationwide on how to properly implement a patient friendly dental sleep medicine program in their practices with the Eccovison Pharyngometer and Rhinometer. Pioneers in DSM education, instrumentation and in-office training, SGS offers a comprehensive selection of CE seminars.

## EXHIBITOR DESCRIPTIONS

### Sleep Multimedia, Inc.

#### Booth 411

Scarsdale, NY | [sleepmultimedia.com](http://sleepmultimedia.com)  
914-722-9291

SleepMultiMedia 2023 is a comprehensive computerized textbook of sleep medicine with text, audio, graphics, animation, and video. SleepMultiMedia contains Medline references and abstracts. Updated annually with 140 CME credits, the program covers adult and pediatric clinical sleep medicine, dental sleep medicine, sleep physiology, polysomnography, sleep research and sleep practice management.

### SleepTest.com

#### Booth 205

Laguna Niguel, CA | [SleepTest.com](http://SleepTest.com)  
800-753-3783

SleepTest.com minimizes barriers to sleep testing, increases access to care, and saves lives. Our direct-to-patient model and SleepTestCRM offer reliable, affordable, and efficient home sleep testing for at-risk individuals. Unlimited referrals for testing and telemedicine visits prioritize prompt care, fostering timely intervention against sleep apnea, ensuring effective treatment.

### Slide Sleep Technologies



#### Booth 223

Houston, TX | [slide2sleep.com](http://slide2sleep.com)  
281-989-4320

The Slide is a soft-tissue friendly oral sleep appliance for sleep apnea and snoring. An FDA nylon and acrylic cleared device, the Slide places all of the adjustable components over the biting surfaces of the teeth and away from all the oral tissue, providing extraordinary comfort by design. No lateral components are what make the difference. No screws, nuts, hooks, dorsal fins or elastics.

Unprecedented ease of adjustment for the dentist, as well as natural range of motion for the patient are additional advantages. As an attached bilateral interlocking device, the Slide is Medicare billable under the HCPCS code K1027. It's time for Simply Better Sleep with the Slide.

### SomnoMed



#### Booth 302

Plano, TX | [somnomed.com](http://somnomed.com)  
888-447-6673

SomnoMed is a global leader in oral appliance therapy, operating in 28 countries and helping over 885,000 patients to date. SomnoMed's Medical Initiative brings oral appliance therapy awareness and education to sleep physicians by highlighting OAT as an effective first-line therapy option, helping to foster collaborative treatment partnerships and frictionless treatment pathways with highly skilled OAT dental professionals. SomnoMed is known for First Time Fit™ quality, comfort, and durability, employing the most advanced precision manufacturing methods. Individually milled from a single piece of dental material, our SomnoDent® Avant™ and SomnoDent® Herbst Advance Elite™ provide both unmatched comfort with our proprietary b-flex Comfort Liner™ and greater flexural strength from precured PMMA. Our PDAC-approved for Medicare Eo486 SomnoDent® Herbst Advance Elite™ offers the industry's first and only full 5-year warranty, with no Medicare insurance verification needed. Together, let's lead the way in treating more OSA patients, more effectively!

## ELITE EXHIBITOR

### Spencer Study Club



#### Booth 403

Pleasant View, UT | [spencerstudyclub.com](http://spencerstudyclub.com)  
208-861-5687

Spencer Study Club is a private community for dentists who are passionate about helping more people with sleep & TMJ disorders. We provide easy to access online education, mentoring from respected dentists in the field, and unrivaled members-only live events. The online educational material is perfect for staff training, and unique staff focused sessions are often held on everything from how to make appliances in-house (and save a fortune) to how to bring medical billing in-house (and save a fortune). Spencer Study Club is NOT for those seeking "an easy button" or looking for a get rich quick scheme. Stop by our exhibitor booth in the exhibit hall and ask dentists in the field why they are members.



## **Transform Dental Sleep** **Booth 308**

Scottsdale, AZ | [transformdentalsleep.com](http://transformdentalsleep.com)  
314-882-7746

We're a dental sleep medicine consulting agency. Transform Dental Sleep exists to empower sleep professionals to help more people realize their full potential. That's what we do.

## **True Function** **Booth 316**

LaMesa, CA | [truefunction.com](http://truefunction.com)  
619-825-8120

Many clinicians tolerate bad service ranging from lack of communication, cases arriving late, or devices requiring a lot of adjustments at delivery. We aim to provide you with peace of mind by understanding your needs, offering 5-day turnaround time, and focusing on doing the job right the first time.

## **Tufts University School of Dental Medicine** **Booth 306**

Boston, MA | [dental.tufts.edu/CE](http://dental.tufts.edu/CE)  
617-636-6629

Tufts University School of Dental Medicine is dedicated to providing patient-centered and clinical-based education for the lifelong learning needs of dental professionals. We create programs that incorporate all type of educational methodologies, quality training, and the highest standards of oral health care by utilizing a comprehensive and multidisciplinary approach.

## **VirtuOx, Inc.** **Booth 408**

Coral Springs, FL | [virtuox.net](http://virtuox.net)  
954-592-0750

VirtuOx, Inc. is a diagnostic testing company, specializing in diagnosing sleep apnea. VirtuOx has specifically designed programs to provide dentists with a seamless pathway to have patients diagnosed with sleep apnea for oral appliance therapy and provide titration testing solutions.

## **Wesper**



## **Booth 214**

New York, NY | [wesper.co](http://wesper.co)  
917-540-0177

Wesper is a comprehensive sleep management system designed to make sleep medicine easier. Generate PSG-level autoscored reports with reliable and detailed trend views for each patient, correlating body position, to key sleep metrics, to detailed snoring analysis that discerns between snoring partners. With 18 channels and 45 trend graphs, you can quickly view the patient's progress toward the most efficacious position. Trusted by hospitals and clinics nationwide, this cloud-based system can now shorten your titration period and save chair time while providing better care

## **ZOLL Itamar**



## **Booth 204**

Atlanta, GA | [Itamar-medical.com](http://Itamar-medical.com)  
508-400-4487

ZOLL® Itamar® is a leading company in sleep apnea diagnosis and sleep apnea management programs for patients and healthcare professionals. Our mission is to improve access to the millions of undiagnosed sleep apnea patients with diagnostic testing and cardio sleep solutions through our breakthrough WatchPAT® products and services.



# Stop by the Registration Desk!

## Shop AADSM Products

Enjoy free shipping on all AADSM products for the duration of the annual meeting! Explore promotional and informational materials and let the AADSM team help you place your order on-site.

## Pick Up Designation Ribbons

Grab your ribbons and wear your designations with pride! The AADSM provides identifying ribbons for the following designations: First-time attendee, Committee Member, Board Member, AADSM Qualified Dentist, ABDSM Diplomate.

## Ask Questions

Stop by to chat with an AADSM staff member about educational offerings, member benefits, earning designations, and event questions. We are happy to provide the support you need as members and meeting attendees.

# Thank you for joining us!

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**Sheila Asghar, MBBS, MSc** serves as Assistant Professor of Neurology and Pediatrics at LSU Health Shreveport. After completion of her medical degree from Christian Medical College in India, she pursued a Master's degree in Psychiatry at the University of Alberta in Canada. She continued with a child neurology fellowship in Jackson, MS, and worked at Children's Hospital in Little Rock, AR then pursued a sleep medicine fellowship at Vanderbilt in TN. Dr. Asghar practices pediatric neurology and sleep medicine and is an enthusiastic educator with a focus on sleep deprivation. She is the Director of the Pediatric Sleep Program with joint appointment at Shriners Hospital. Her research interests include neuroinflammatory markers in COVID. She is devoted to her two canine children, and enjoys hiking, photography, and playing the piano.

**Diana Batoon, DMD** is a highly regarded educator and public speaker within the dental and medical community, specializing in raising awareness about sleep-related breathing disorders and promoting a healthy airway. Dr. Batoon's comprehensive understanding of healthcare systems, combined with her dental expertise, positions her uniquely to integrate advanced technologies and streamline processes, ultimately improving patient outcomes in both dental and general healthcare settings. Additionally, Dr. Batoon is a sought-after speaker who inspires healthcare teams and leaders, motivating them to cultivate positive cultures within their workspaces. Her passion lies in empowering individuals who aspire to make a meaningful difference in their respective fields, guiding them toward action and success. She practices in Scottsdale, AZ and is a Diplomate of the ABDSM. She is part-time faculty at Midwestern University Dental Institute and works closely with the local Phoenix Children's hospital in Arizona.

**Ross Bernstein** is a best-selling author of nearly 50 sports books and is an award-winning peak performance business speaker who has keynoted conferences for Fortune 500 companies on all seven continents. Ross studies just what it is that makes the great ones great, and ties that back to success in business. A proud member of the Speaker Hall of Fame, Ross and his books have been featured on CNN, ESPN, Fox News, and "CBS This Morning," as well as in the Wall Street Journal, New York Times and USA Today.

**John Carollo, DMD** received his dental degree from the University of Medicine and Dentistry of NJ, and is a member of the AGD, ADA, and the AADSM as well as Diplomate of the ABDSM. Dr. Carollo lectures on oral appliance selection, dental sleep medicine complex cases and their solutions, mitigating oral appliance side effects, non-responders, 3D and milled oral appliances, and fabricating oral appliances over orthodontic retainers. He has been a NJ Top Dentist since 2005, as selected by his peers. Dr. Carollo is the team dentist for the New York Jets of the NFL and he maintains a full-time general/restorative and dental sleep practice in Florham Park, New Jersey.

**Ambrose Chiang, MD** graduated from Taipei Medical University. He completed his residency training in internal medicine at the Cook Country Hospital in Chicago, IL and then completed his fellowship training in pulmonary and critical care medicine at Duke University Medical Center in Durham, NC. Dr. Chiang served as the Pulmonary Sleep Apnea Program Director and Clinical Associate Professor of Medicine at Duke University Medical Center. He currently is the Sleep Center Director at UH Cleveland Medical Center and a Clinical Associate Professor at CWRU School of Medicine.

**Julia Cohen-Levy, DDS, MSc, PhD** has been an assistant professor and the co-director of the Department of Orthodontics in the Faculty of Dentistry and Oral Health Sciences at McGill University, Montréal, since 2020. She is a specialist in orthodontics, certified both in France, where she has had a private practice in orthodontics for twelve years, and recently in Canada. She is a Fellow of the Royal College of Dentists of Canada, and a Diplomate of the American Board of Orthodontics. She holds a PhD in Neurosciences (sleep medicine) and she is involved in numerous clinical research projects.

**Valerie M. Crabtree, PhD** is the Vice President of Psychosocial Services and a faculty member in the Department of Psychology & Biobehavioral Sciences at St. Jude Children's Research Hospital. Dr. Crabtree received her PhD in counseling psychology from the University of Southern Mississippi. She completed her internship in clinical child/pediatric psychology and fellowships in pediatric psychology and behavioral sleep medicine at the University of Louisville School of Medicine, after which she became certified in behavioral sleep medicine. In addition to her clinical and administrative work, Dr. Crabtree conducts research on sleep and fatigue in children with cancer. Her work includes a focus on interventions to improve alertness and energy level in children undergoing treatment for cancer and in brain tumor survivors. In 2015, Dr. Crabtree and her co-author, Dr. Lisa Meltzer, published a book entitled, "Pediatric Sleep Problems: A Clinician's Guide to Behavioral Interventions."

**Ashley DeCoteau** is a Provider Outreach and Education Representative at Noridian Healthcare Solutions LLC. Ashley provides outreach and education for Noridian States concentrating her attention on DME. Primary responsibilities include offering educational instructions and direction to the Medicare community. Prior to joining Noridian in January 2022, Ashley worked for other Medicare Administrative Contractors including CGS as a Senior Provider Outreach Analyst. She also worked as a team lead for a DMEPOS supplier and brings over 10 years of Medicare experience with her.

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**Lindsey Deol, DDS** attended Marquette University, where she participated in the Pre-Dental Scholars Program and completed her undergraduate degree in just three years. She earned her BS in Biology in 2003 and her DDS in 2007 from Marquette University. Following her DDS, she further honed her skills with a General Practice Residency (GPR) at the University of Colorado in 2008. Dr. Deol has dedicated her career to the dental treatment of obstructive sleep apnea, recently opening Sleep Well Denver, in Wheat Ridge, Colorado. Outside of the office, Dr. Deol enjoys a busy yet fulfilling personal life. She has four young children who keep her on her toes.

**Tanya DeSanto, DDS** is a graduate from Northwestern University Dental School. She has been practicing dentistry in Springfield, IL for 30 years and dental sleep medicine for the last several years. Dr. DeSanto is a Diplomate of the ABDSM and is an active member of the AADSM where she enjoys lecturing, participating on panels, and co-chairing the AADSM Breaking Down Barriers for a Successful Practice Course. She is an adjunct faculty member at the SIU School of Medicine where she enjoys teaching medical residents the importance of dental sleep medicine. She is also a member of the American Academy of Sleep Medicine and the Sleep Research Society. She currently serves on the AADSM Strategic Continuing Education Offerings Task Force.

**Danny J. Eckert, PhD** is a Mathew Flinders Professor at Flinders University in Adelaide, Australia. He currently serves as Director of the Adelaide Institute for Sleep Health where he leads a comprehensive basic sciences and translational research program comprised of >60 multidisciplinary sleep researchers. His research focuses on identification of the causes of sleep apnea, optimization of existing therapies, and development of new tailored therapies. He is most well-known for his pioneering respiratory endophenotyping work which has led to a new precision medicine therapeutic framework to understand and treat OSA and for his research on novel pharmacotherapy. He has published >200 articles in the leading sleep/respiratory medicine and other cross-disciplinary/general medical journals. His previous appointments include Professor of medicine at UNSW, Sydney and Principal Research Scientist at NeuRA where he retains affiliate appointments. From 2006-2011 was an Assistant Professor at Brigham and Women's Hospital, Harvard Medical School in Boston.

**David Flamenco, DDS** is a graduate of La Universidad De La Salle, Bajío, where he concentrated his studies in esthetic dentistry. He has been a dental technician since the age of 16 years old. He opened a private practice in Reseda, CA and now resides in San Diego, CA. Dr. Flamenco also works with SHARP hospital and has OR privileges for dental surgeries. He is dedicated to staying up to date with advancements in technology and biocompatible materials. He has taken extensive courses in multiple specialties and provides comprehensive care from start to finish within his office while utilizing the most advanced technology available. Dr. Flamenco became a Diplomate of the ABDSM after completing the AADSM Mastery Program. To stay up to date with the advancements of patient care he is a member of the

ADA/CDA, SDCDS, ICOI, AAID, AACD, DOCS education, AASM, and AADSM.

**Carlos Flores Mir, DDS, MSc, DSc** serves as a tenured Professor at the University of Alberta and is the Graduate Orthodontic Program Director and Director of Graduate Studies - School of Dentistry. He works part-time as an associate orthodontist at a private practice. He also serves as an associate editor of two major Orthodontic peer-reviewed journals and has been a Qualified Dentist by the AADSM since 2021.

**Julie Flygare, JD** serves as President & CEO of Project Sleep. She is an internationally recognized patient-perspective leader, an accomplished advocate, and the award-winning author of *Wide Awake and Dreaming: A Memoir of Narcolepsy*. On March 22, 2022, she delivered the TEDx Talk, "What Can You Learn from a Professional Dreamer?" Since receiving a diagnosis of narcolepsy with cataplexy in 2007, Ms. Flygare advanced her leadership in the sleep and healthcare space through speaking engagements, publications, earned media, collaborations, and advocacy and awareness initiatives. She served on the National Institutes of Health's Sleep Disorders Research Advisory Board from 2012 – 2015. Flygare received her B.A. from Brown University in 2005 and her J.D. from Boston College Law School in 2009, focusing on health law, policy, and rare disease drug development.

**Aaron Glick, DDS** works in healthcare innovation and is on faculty at the University of Texas Health Science Center at Houston School of Dentistry and Sam Houston State University College of Osteopathic Medicine. He is a Diplomate of the ABDSM, Director of the AADSM Mastery Program, and holds fellowship credentials with Academy of General Dentistry and International Congress of Oral Implantology. He enjoys all technologies and has a background in software programming for neuroscience research at Brandeis University and Harvard University using 3D modeling, AI, and fMRI technologies. Dr. Glick has been published in medical and dental journals and lectures nationally on dental sleep medicine and digital/software technologies.

**Nicole Goldfarb, M.A., CCC-SLP, COM** founded the San Diego Center for Speech & Myofunctional Therapy 20 years ago. She holds a Master's degree in Speech-Language Pathology and is also a Certified Orofacial Myologists®. She is on the Child Airway Initiative Task Force developing the universal SDB screening tool for all dentists as per the 10/2017 ADA proposal. She is the host of the podcast "Airway Answers: Expanding Your Breath of Knowledge", a Breathe Institute Ambassador, a Talk Tools® Education Partner, author of Dental Sleep Practice Magazine article "Why Every Dentist and Orthodontist Should Have an Orofacial Myofunctional Therapist on Their Team", and author of the myofunctional therapy chapter in an upcoming medical textbook. She is on the faculty for Airway, Sleep, and Pediatrics Pathway and Sleep Education Consortium. Her quest is to help in the early identification and treatment of SDB.

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**David Gozal, MD, MBA, PhD** is currently the Dean of the Joan C. Edwards School of Medicine and Vice President for Health Affairs of Marshall University. This role follows on multiple previous leadership positions at Tulane University, University of Louisville, University of Chicago and University of Missouri. Dr. Gozal's research has pioneered biomarker discovery and machine learning approaches for the diagnosis of sleep apnea across the lifespan. He is Past President of the American Thoracic Society, is Deputy Editor-in-Chief for the journal *Sleep*, and Associate Editor for *ERJ*, *Pediatric Pulmonology*, and *Frontiers in Neurology*. He has been the recipient of multiple awards including honorary doctorates from the University of Barcelona and University of Lleida in Spain. He has published over 875 peer-reviewed original articles, along with more than 175 book chapters and reviews, edited 7 books, and has extensively lectured all over the world.

**Christopher Hart, DDS** resides in Mitchell South Dakota with his wife and 5 children. He owns and practices at Hart Dental and Hart Dental Sleep Solutions, as well as Heroic Hygiene, and online hygiene training platform. He graduated from the University of South Dakota with a bachelors in dental hygiene. Dr. Hart obtained his dental degree from the University of Indiana School of Dentistry. He is a key opinion leader for the American Academy of Clear Aligners, and is a Diplomate of the American Board of Dental Sleep Medicine.

**Michael Howell, MD** is dedicated to improving brain health and performance through better sleep. His research is focused on the study of REM sleep behavior disorder, a prodromal syndrome of Parkinson's disease and related disorders. The goal of these investigations is to help ultimately develop novel neuroprotective therapies for Parkinson's disease and Dementia with Lewy Bodies. Also, he is the Vice-Chair for Education and Faculty Affairs in the Department of Neurology at the University of Minnesota and the Chief Medical Officer for GEM Sleep a nationwide virtual clinic for patients with sleep disorders. Dr. Howell is a faculty member for the AADSM Mastery Program.

**Fareeha Hussaini, MD** practices at USF Health Clinics and Tampa General Hospital in Tampa, FL. She first joined the University of South Florida in 2014 after completing her family medicine residency and fellowship, specializing in sleep medicine. She is board certified in both sleep medicine and family medicine. Dr. Hussaini is an Assistant Professor for USF's Morsani College of Medicine serving as an attending physician, clinical preceptor and lecturer for 3rd year medical students, Sleep Medicine Fellows, and students of the Physician's Assistance and Pharmacy programs. She is well versed in managing a broad spectrum of sleep disorders and her special clinical and research interest topics include women's health and sleep, insomnia, hypersomnia and irregular sleep cycles and has presented these research topics at various regional and national sleep conferences.

**Paul Jacobs, DDS** is a graduate of the University of Detroit Mercy School of Dentistry. He is currently the Dental Director of Upper Peninsula Sleep Dentistry and a third-generation dentist practicing

general, cosmetic and sleep dentistry. He speaks nationally to dental and medical groups to address the public burden of OSA and how OAT can provide optimal patient care. He has published on the topic of periodontal cosmetic surgery and teaches about oral biofilm management. Dr. Jacobs is a Diplomate of the ABDSM and serves on the AADSM Board of Directors. He has volunteered for the AADSM in multiple capacities, including board liaison to the Annual Meeting Committee, chair of the Strategic CE Task Force, and co-chair of the Practice Management Course. Dr. Jacobs and his wife Paula also maintain a free dental clinic in Escanaba, Michigan that cares for the underprivileged and uninsured.

**Sanja Jelic, MD** is an Associate Professor of Medicine in the Division of Pulmonary, Allergy, and Critical Care Medicine at the Columbia University in New York. She received her MD degree from University of Zagreb, Croatia and trained in internal, pulmonary and sleep medicine at the Albert Einstein College of Medicine and Columbia University in New York. Her research focuses on the molecular mechanisms of endothelial dysfunction in disturbed sleep, including obstructive sleep apnea (OSA) and sleep deprivation. Dr. Jelic was named Herbert Irving Professor at Columbia University, received awards from American Thoracic Society, American Academy of Sleep Medicine and American Lung Association. Dr. Jelic's research is funded by the NIH/NHLBI, American Heart Association, American Thoracic Society and American Academy of Sleep Medicine.

**Erica Johannes, DDS** graduated from the University of Wisconsin-Madison and received her Doctor of Dental Surgery from Marquette University School of Dentistry. She practiced in Wisconsin before needing to escape winter and moved to Columbia, South Carolina. After seven years of practicing general dentistry, she "accidentally" found herself at a dental sleep medicine course in 2013 and discovered that just about everyone in her family had sleep apnea, including her children. That course changed her life, both personally and professionally. She fell in love with sleep apnea, dove in headfirst, and in 2018 limited her practice to the treatment of sleep-disordered breathing and temporomandibular joint disorders. Dr. Johannes owns a private practice, Dental Sleep Doc, in West Columbia, South Carolina and is also the author of "Sleep is Sacred".

**Emilee Kemper** brings a decade of dental business assistant expertise and a fervor for patient well-being. Her refined communication skills prioritize genuine care and active listening in patient interactions. Currently serving as a sleep patient coordinator in a multi-dentist practice, Emilee applies her personal experiences with sleep disorders to optimize patients' success with OAT, having surmounted her own CPAP challenges. From initial phone contact to long-term follow-up, her patient relationships thrive. Embracing roles as a reimbursement advocate, educator, and trusted guide in the pursuit of better sleep, Emilee brings a wealth of knowledge to her presentations.

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**Roos Khosravi, DMD, PhD, MSD** is an Associate Professor of Orthodontics and the Director of the Interdisciplinary Seminar Series and Clinic, collaborating with the departments of pediatric dentistry, periodontics, and prosthodontics. He completed his orthodontic training at the University of Washington and joined the department immediately after graduating. Prior to his residency, he conducted research on diabetic bone-fragility and the link between periodontal disease and adiposity in children as part of his PhD and Master's degrees. As part of orthodontic care for patients of all ages, he collaborates with oral surgeons and a medical team to help patients with sleep-related breathing disorders. Driven by his passion for the association between systemic conditions and oral health, Dr. Khosravi is working with a team of academicians and physicians to address research questions related to pediatric obstructive sleep apnea.

**Tanya Kushner, DDS** has been practicing dentistry since 1997. She graduated at the top of her class from Northwestern University Dental School in Chicago and practiced as a general dentist for 15 years. In 2014, Dr. Kushner limited her practice to dental sleep medicine and orofacial pain. Dr. Kushner is board-certified through the American Board of Dental Sleep Medicine and the American Board of Orofacial Pain and is a fellow of the American Academy of Craniofacial Pain.

**Joyce K. Lee-Iannotti, MD** is the Director of the Sleep Disorders Center at Banner University Medical Center Phoenix and Associate Professor of Neurology at the University of Arizona College of Medicine, Phoenix, AZ. She currently serves as the program director of the sleep fellowship medicine program at the University of Arizona, in conjunction with the Phoenix VA Medical Center. She is the principal investigator and co-PI of several clinical trials in sleep medicine, stroke and COVID. Most recently, she received recognition for her research contributions as the 2023 AZ ACP Researcher of the Year. She also serves on multiple national positions, including Vice-Chair of the Sleep Division of the American Academy of Neurology (AAN), Vice-Chair of the AAN Sections and Subspecialties Subcommittee, and serves on the board of directors for the American Academy of Sleep Medicine (AASM) Foundation.

**Paul Levine, DDS** graduated from the University of Texas School of Dentistry in 1982. He subsequently spent 38 years in private practice in Houston, Texas. In addition, he was an assistant professor at the University of Texas School of Dentistry from 2014 to 2021, where he taught general dentistry and dental sleep medicine. He became a Diplomate of the ABDSM in 2016. Dr. Levine has served as chair of the AADSM Academic Dental Sleep Medicine Steering Committee for the past three years and is a faculty member for the AADSM Mastery Program. He resides in Bozeman, Montana where he enjoys family time and cross-country skiing.

**Darius Loghmanee, MD** is the Director of the Advocate Children's Sleep Network at Advocate Children's Hospital. He completed a combined residency in internal medicine and pediatrics and sleep fellowship training at Rush University Medical Center in Chicago, IL. After his fellowship, Dr. Loghmanee spent seven years at the Ann and Robert H. Lurie Children's Hospital of Chicago where he evaluated and treated children with control of breathing and sleep disorders and served as the Associate Director of the Sleep Medicine Center. Recruited to the Advocate Medical Group to build the first population sleep health service line, Dr. Loghmanee established pediatric sleep labs, developed novel population based approaches to assess sleep and breathing, and systematized collaborations with primary care providers, pulmonologists, ear, nose, and throat surgeons, dentists, occupational therapists, myofunctional therapists, psychologists, faith based organizations, schools, community groups, and families in efforts to optimize sleep health in children and adolescents.

**Phillip LoSavio, MD, MS** is a board-certified otolaryngologist and sleep surgeon who specializes in treating sleep apnea and related upper airway problems, such as nasal airway obstruction, deviated septum, tonsil enlargement, sinusitis and snoring. Dr. LoSavio is an expert in performing traditional and complex procedures, allowing him to offer customized treatment plans to patients with a wide range of sleep disorders. By continuing to explore advanced treatment options, such as being among the first in the country to use hypoglossal nerve stimulation (Inspire therapy) for obstructive sleep apnea, Dr. LoSavio can provide the most beneficial solution to each patient.

**Jonathan Lown, MD** is board-certified in internal medicine, sleep medicine and lipidology, and is the Clinical Director at Delta Sleep Center of Long Island. Selected as a member of the national medical honor society, Alpha Omega Alpha in 1992, Dr. Lown graduated medical school, Magna Cum Laude in 1995. From 1995 through 1998 he completed his residency and internship at Columbia Presbyterian Medical Center. In addition to private practice and frequent lecturing, Dr. Lown currently serves as Clinical Assistant Professor of Medicine for Stony Brook University's Medical School.

**Shehzad Malik, MD** is currently President of the Heart Care Group, PC in Allentown, PA. He is the owner of a practice which manages cardiovascular patients in an outpatient setting concentrating on prevention and wellness. Dr. Malik is affiliated with Lehigh Valley Health Network in Allentown, PA and JFK Hospital/Hackensack Health System in Edison, NJ. He sits on the board of the Foundation for Airway Health, a non-profit organization focused on the importance of airway health and its association with chronic disease.

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**Paige K. Murrer, DMD** received her dental education from the University of Pittsburgh School of Dental Medicine where she graduated Summa Cum Laude. Dr. Murrer began her journey with dental sleep medicine as a college student in a dental sleep medicine practice as an assistant. Throughout her last year of dental school, Dr. Murrer completed a focus in dental sleep medicine where she interned with UPMC and AHN sleep physicians in the Pittsburgh area. Following dental school graduation, she received Diplomate status with the ABDSM after completing the AADSM Mastery Program. She lectured for the AADSM DSM Team Training Program. Dr. Murrer is honored to work alongside sleep physicians to provide the highest level of care to OSA patients. Dr. Murrer is a lifelong resident of Pittsburgh and resides with her husband, Joe and daughter, Ava.

**Rubina Nguyen, DDS** attended dental school at University of Illinois at Chicago. Her training included a postgraduate residency (GPR) at UIC and University of Chicago. In 2012, Dr. Nguyen co-founded S.C.A.R.F. (Sudden Cardiac-death Awareness Research Foundation) to raise awareness about sudden cardiac death that claims so many lives. The mission of S.C.A.R.F. is to raise public awareness about sudden cardiac death, educate healthcare providers, support cardiovascular research, and to educate the next generation of students. She is currently serving as the director of Mentorship and Career Guidance Program. Each summer, Dr. Nguyen brings in over 40 students to intern under her guidance. In 2015, she founded Suburban Dental Sleep Medicine in Elgin, IL to provide treatment for OSA. Dr. Nguyen is a Diplomate of the ABDSM, a member of AADSM Education Committee, AADS Mastery Program Committee and Chair of the AADSM Intro to Oral Appliances for Sleep Apnea Course.

**Judy Owens, MD** is senior faculty in the Pediatric Sleep Center at Boston Children's Hospital in Boston Massachusetts and a Professor of Neurology at Harvard Medical School. She is an internationally recognized authority on pediatric sleep and the author of over 175 original research and review articles in peer-review journals, chapters, and books. Her particular research interests are in the neurobehavioral and health consequences of sleep problems in adolescents and the role of school start times, sleep health education, and cultural and psychosocial issues impacting on sleep. She is Immediate Past President of the International Pediatric Sleep Association (IPSA). Dr. Owens received her undergraduate and medical degrees from Brown and a Master's in Maternal and Child Health from the University of Minnesota. She completed fellowships in Behavioral Pediatrics at Minneapolis Children's Medical Center and in Child Psychiatry at Brown University.

**Connor Peck, DDS, MS** completed his dental training at Marquette University School of Dentistry. He then pursued a residency program at the University of Minnesota focusing on orofacial pain and dental sleep medicine. During this time, he gained extensive experience in orofacial pain management, including temporomandibular disorders (TMD), as well as the use of OAT to treat sleep-related breathing disorders. His professional interests include the diagnosis, management, and prevention of a number of conditions, including TMD, headaches, neuropathic pain and sleep bruxism. He understands the significant role that sleep plays in pain management, but perhaps more importantly on the overall health and quality of life of the individual and their loved ones. As such, a large percentage of his current practice in Wisconsin is devoted to dental sleep medicine. He is an advocate for non-invasive treatments and believes in a multi-disciplinary, holistic approach to patient care.

**Katherine Phillips, DDS, MS** is an orofacial pain specialist with a practice solely focused on orofacial pain and dental sleep medicine in The Woodlands, TX. She received her undergraduate degree from the University of Michigan, her dental degree from the University of Detroit Mercy School of Dentistry, and her Master of Science degree in Orofacial Pain and Oral Medicine from the University of Southern California. Dr. Phillips is board-certified in orofacial pain and a Diplomate in both orofacial pain and dental sleep medicine. She is the Immediate Past President of the American Board of Dental Sleep Medicine and an Examiner for the American Board of Orofacial Pain. She has also served on multiple committees for the AADSM and was an author on 2024 AADSM "Definition of an Effective Oral Appliance" paper.

**Judie Roan** is a provider relations senior analyst with CGS Jurisdiction C. Prior to joining CGS, Judie was an outreach specialist with the Jurisdiction A DME MAC and an ombudsman and business analyst with the Region A DMERC. Judie brings over twenty years of Medicare experience to her current position. Her primary focus is providing the highest quality education and sharing her in-depth knowledge of Medicare policies. She strives to help the supplier community utilize all of the valuable resources available for the DMEPOS industry, guiding the to submit claims correctly and successfully pass audits.

**Eric Runyon, DDS** received his dental degree from the University of Missouri Kansas City. Upon graduating he worked in the St. Louis, MO area for 8 years before moving to the Kansas City area to be closer to family. His passion for dental sleep medicine led him to the AADSM where he completed the Mastery Program and became a Diplomate of the American Board of Dental Sleep Medicine. Dr. Runyon is currently Vice-Chair of the AADSM Annual Meeting Committee, Co-Chair of the Breaking Down Barriers Course, and serves on the AADSM Strategic Continuing Education Offerings Task Force.

**David Schwartz, DDS** started his general restorative dental practice in the Chicago area in 1988. He is a graduate of Indiana University and the University of Illinois College of Dentistry. He is the Immediate Past President of the AADSM and has served on the AADSM Board of Directors for 10 years. Dr. Schwartz has been a member of the AADSM since 1998 and is a Diplomate of the American Board of Dental Sleep Medicine. He is a faculty member for the Mastery 2 Practical Workshop and continues to educate through study clubs, seminars, and multiple publications supporting a variety of dental sleep related topics. While practicing general restorative dentistry, Dr. Schwartz has honed his dental sleep practice towards 70% of his total work time. He enjoys traveling, spending time with grandkids and is constantly frustrated by the game of golf.

**Michael Simmons, DMD, MScMed, MPH, MSc, FAASM, FAAOP** is an ADA specialist in orofacial pain. He is also an educator, researcher, publisher, advocate for dentists and above all a perpetual student, with multiple Master's degrees and fellowships, including a FAASM and Diplomate status with the ABDSM. He has served in various capacities on the board of directors of his local dental society, the AADSM, California Sleep Society and American Sleep Apnea Association, Western Pain Society as well as several dental foundations. Dr. Simmons has written a great number of resolutions to increase dentists' engagement in sleep medicine at the California and ADA level. His peer reviewed published research has included a number of leading sleep physician coauthors as well as public health experts and his focus is on population level solutions. In addition to lecturing nationally and internationally, Dr. Simmons taught at UCLA's dental school for over 30 years on a variety of sleep medicine and pain management topics.

**Andrew Soulimiotis, DMD** graduated from North Georgia College and then attended Medical College of Georgia in Augusta. Dr. Soulimiotis participated in the Schuster Center, Spears Education, The Dawson Center, and the Nash Institute. He is a faculty member of the AADSM Mastery 2 Clinical Workshop, a Fellow of the AGD, and a member of the Academy of Cosmetic Dentistry. He was so impressed with oral appliance therapy as an easy solution to snoring and sleep apnea, he began practicing dental sleep medicine in 2010. In 2016, Dr. Soulimiotis was asked to join one of the top sleep dentists in the country and past AADSM President, Dr. Sheri Katz as her understudy and associate in her practice. In 2020, she selected Dr. Soulimiotis as her successor in her highly respected practice. Today, Dr. Soulimiotis provides clinical training for Emory's Brain Health Sleep Fellowship Program and is a Diplomate of the ABDSM.

**Jacy Stauffer, DMD** is a Diplomate of the American Board of Pediatric Dentistry and a fellow of the American Academy of Pediatric Dentistry. After graduating from the University of Louisville School of Dentistry, she completed a General Practice Residency at Rhode Island Hospital, focusing on adults and children with special health care needs. She pursued her pediatric dentistry training at Lutheran Medical Center, Brooklyn, NY, and then worked in a private group

practice setting for a few years prior to full-time academia. She spent 10 years as an Attending with NYU-Langone's Advanced Education Program in Pediatric Dentistry at the Maryland and California sites. Dr. Stauffer now serves as the Program Director for the Pediatric Dentistry Residency Program at Oregon Health and Science University. She enjoys treating the medically complex patient population, while also serving as a mentor for resident research and contributing to various projects surrounding pediatric obstructive sleep apnea.

**Alexander Sweetman, PhD** is Program Manager of a sleep disorder education and implementation program with the Australasian Sleep Association and has academic status at Flinders University. He is interested in the co-morbidity of insomnia and obstructive sleep apnea (COMISA), and in improving the management of sleep disorders throughout the healthcare system. During his PhD, he coined the term "COMISA", led a multi-site randomized controlled trial to understand the most effective treatment approach for COMISA, and contributed to this area of sleep medicine. He has led several clinical trials and epidemiological studies to investigate the prevalence, consequences, and most effective treatment approaches for people with COMISA. He is chair of the Australasian Sleep Association's Psychologist Education Committee and is developing a CBT-i training program for Australian psychologists. He has developed and is currently testing a digital CBT-i program in different settings and populations.

**Lori Weber** is a Part B Provider Outreach and Education (POE) representative with Noridian Healthcare Solutions, LLC for the island territories of American Samoa, Guam, Northern Mariana, along with Hawaii, California, and Oregon. In 2006, she joined Noridian, the Medicare fee-for-service contractor for 13 states and 3 islands in two jurisdictions. She's a local chapter CPC member of the American Academy of Professional Coders (AAPC), part of the CMS and Noridian Informal Medicare Professional Advisory Council (IMPAC), serves on the national Medicare Learning Network (MLN) committee, and many other Medicare advisory councils.

**Audrey Yoon, DDS** is a dually trained orthodontist and pediatric dentist who specializes in sleep medicine. She has established the World Dentofacial Sleep Society and serves as a founding president. She is also a Diplomate of the ABDSM and a Diplomate of the American Board of Orthodontics. She is the Program Director of the Pacific Ortho-Dental Sleep Medicine Fellowship at the University of Pacific, a clinical professor at Stanford Sleep Medicine Center at Stanford University, and a clinical assistant professor in Orthodontics at the University of Pacific. She practices the full scope of non-surgical and surgical orthodontics from pediatric to geriatric population for airway management including growth modification, pediatric palatal expansion, customized Miniscrew-Assisted Rapid Palatal Expansion (MARPE), Distraction Osteogenesis Maxillary Expansion (DOME), Orthodontic treatment for Maxillomandibular Advancement (MMA), clear aligner therapy and oral appliances for sleep apnea.



**Faris M. Zuraikat, PhD** is an assistant professor of Nutritional Medicine in the Division of General Medicine at Columbia University Irving Medical Center (CUIMC). He obtained his PhD in Nutritional Sciences at Penn State University where he trained with Dr. Barbara J. Rolls to develop expertise in the study of human ingestive behaviors and dietary influences on obesity risk. He completed AHA- and NIH-funded postdoctoral fellowships in sleep and circadian sciences and preventive cardiology research at CUIMC under the primary mentorship of Dr. Marie-Pierre St-Onge. Dr. Zuraikat is a clinical trialist specializing in lifestyle influences on cardiometabolic health and disease risk. The primary aim of his research is to characterize mechanisms underlying adverse consequences of chronic patterns of suboptimal sleep. Furthermore, Dr. Zuraikat aims to leverage sleep's influence on cardiovascular and metabolic systems to develop innovative approaches to improve strategies for the treatment of obesity and prevention of cardiometabolic diseases.

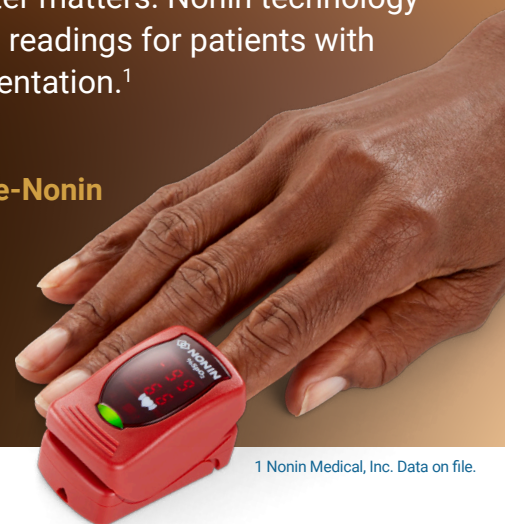


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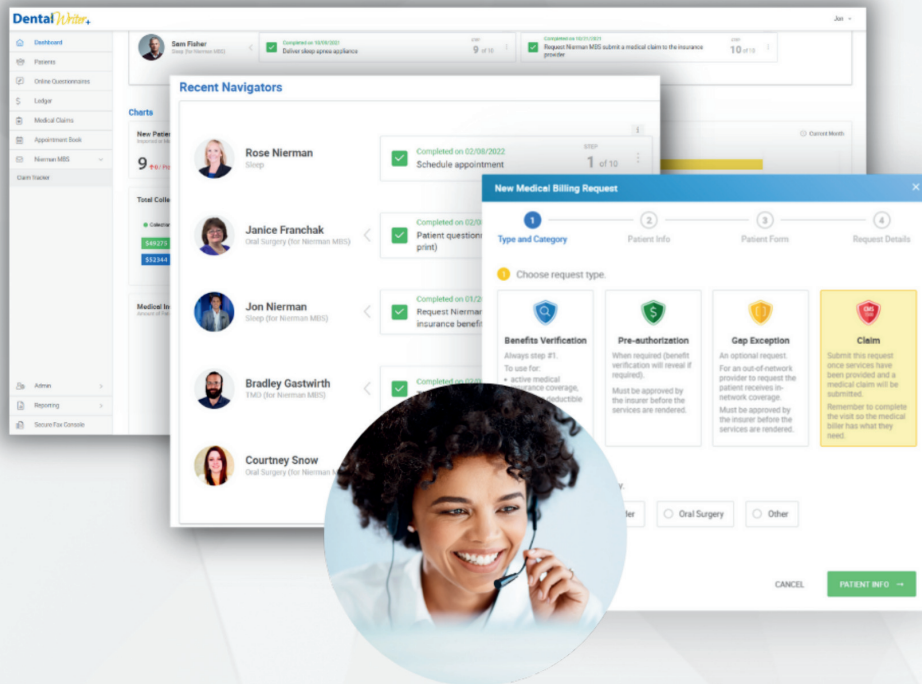




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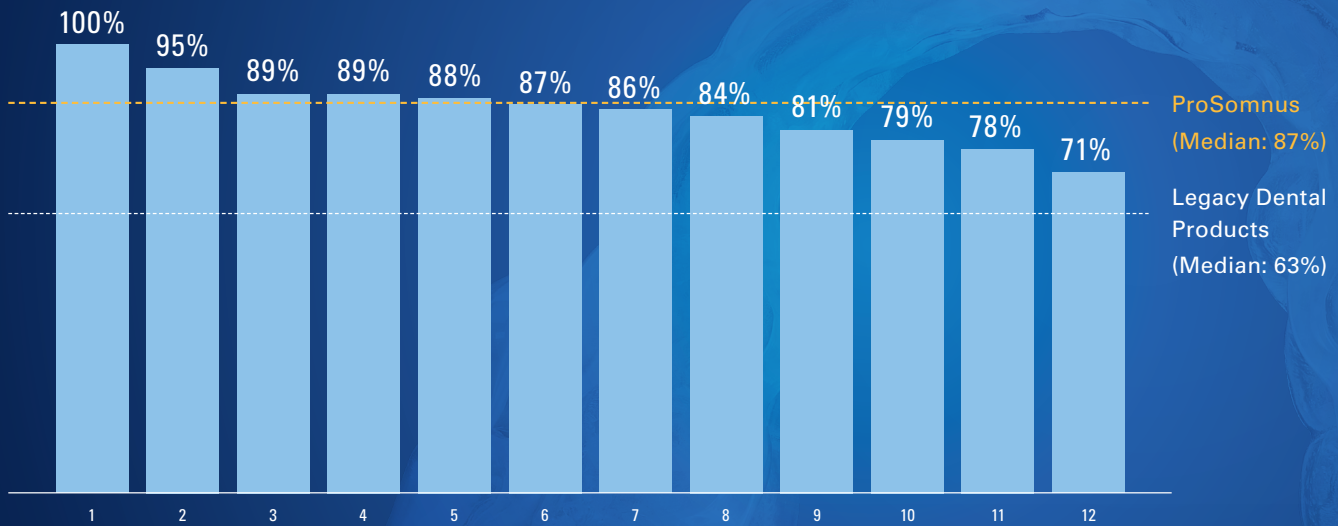
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- 1 Charkhandeh et al. JDSM 2017
- 2 Silva et al. Abstract – World Sleep Congress 2023
- 3 Stern et al. Cureus 2021
- 4 Smith et al. Abstract – World Sleep Congress 2022
- 5 Kang et al. Military Medicine 2022
- 6 Sall. Abstract – World Sleep Congress 2022
- 7 Knowles et al. Military Medicine 2021
- 8 Murphy & Munro. Abstract – AASDM 2021

- 9 Mosca et al. JCSM 2022
- 10 Braem. Abstract – iBEDSSMA 2023
- 11 Dieltjens et al. Abstract – ATS 2023
- 12 Remmers et al. JCSM 2017

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