

# QUALIFIED DENTISTS CAN HELP TREAT OSA



**54 million**  
adults suffer from obstructive sleep apnea (OSA).

OSA causes repeated breathing pauses which reduce oxygen levels and interrupt sleep, resulting in long-term health consequences, such as high blood pressure, heart disease, stroke, diabetes and depression.

## You can help!

Oral appliance therapy is an effective treatment option for both snoring and OSA that is one of (if not the) fastest growing areas in dentistry. You will certainly encounter patients with undiagnosed or untreated sleep apnea. Let the AADSM prepare you to help them.



## Treatment Process

Dentists work closely with physicians to treat snoring and sleep apnea.

### Screening

Dentists can screen through sleep questionnaires and oral exams.



### Diagnosis

All potential OAT patients require a diagnosis from a physician.



### Follow-up

Regular follow-up by the qualified dentist is necessary to manage OAT.



### Fitting/Adjustment

With a physician's prescription, qualified dentists will custom-fit the patient with an OA.



## What Our Members Say ABOUT MEDICAL REFERRALS



### Angela G. Lunn, DDS, RDH

*Chattanooga, TN | Member for 3 years*

"AADSM education has prepared me to co-treat patients with the medical community and to provide a service that is acceptable to both patients and medical doctors that can improve a patient's OSA. By educating myself and staff through the AADSM, we have learned how to interact with my greatest referral source for OSA patients; my surrounding medical community!"



The AADSM Mastery Program provides dentists with the specific knowledge and training they need to deliver high quality care to patients with OSA. It is a 65-hour education program with an **unbiased, standardized, and evidence-based curriculum** that is divided into three parts. The course allows dentists to earn the Qualified Dentist designation and be eligible to sit for the ABDSM certification examination.





LET US  
HELP YOU  
INTEGRATE  
DENTAL SLEEP  
MEDICINE  
INTO YOUR  
PRACTICE.  
**Join today!**

 *What Our Members Say*  
ABOUT BOARD CERTIFICATION



**Robert L. Talley, DDS,  
Diplomate, ABDSM**

*Norman, OK | Member for 18 years*

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“With the AADSM as the largest and best informational source in this field, I truly believe that all dentists, who are interested in dental sleep medicine, should not only belong to the AADSM, but should also strive to become credentialed by the ABDSM.”

**Start your membership today  
at [aadsm.org/join](https://aadsm.org/join)**

Membership Dues: \$400 annually