

2018 ANNUAL MEETING BALTIMORE

AAPSVM



Preliminary Program

Hilton Baltimore | Friday, June 1 – Sunday, June 3



REGISTER BY APRIL 20 TO SAVE!



2018 ANNUAL MEETING BALTIMORE

The 27th Annual Meeting will be held June 1-3, 2018, at the Hilton Baltimore in Baltimore, MD. The meeting will welcome over 1,100 dental sleep medicine professionals to the city of Baltimore for the premier dental sleep medicine conference of the year. The AADSMM 27th Annual Meeting is open to all dentists, physicians, scientists and other health care professionals who treat or have an interest in treating patients with sleep-related breathing disorders.

PROGRAM HIGHLIGHTS

Keynote Address.....7

New Insights and Old Truths about Oral Appliance Therapy for Obstructive Sleep Apnea

Presented by: Marie Marklund, DDS, PhD

AADSMM Featured Symposia9

Standardizing the Practice of Dental Sleep Medicine

Presented by: Mitchell Levine, DMD and Patricia Braga, DDS

Panel Discussion..... 10

Managing Side Effects

Presented by: Jean-Francois Masse, DMD; Donald Farquhar, DDS; and Katherine Phillips, DDS



The American Academy of Dental Sleep Medicine (AADSMM) promotes research and the clinical use of oral appliances and upper airway surgery for the treatment of sleep-related breathing disorders and provides training and resources for dental sleep medicine practitioners.

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Meeting Location

Hilton Baltimore

401 W. Pratt Street

Baltimore, MD 21201

Contact the AADSM

Phone:

(630) 686-9875

Email:

annualmeeting@aadsm.org

Website:

aadsm.org/annualmeeting

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LEARNING OBJECTIVES

- Acquire knowledge about the management of obstructive sleep apnea in adults;
- Discuss state-of-the-art knowledge of recent advances in dental sleep medicine and sleep apnea treatment;
- Review the relationship between obstructive sleep apnea, obesity and other associated co-morbidities;
- Understand the evidence regarding long-term oral appliance therapy, including potential side effects and options for managing complications in patients with snoring and/or OSA; and
- Apply best practices for building and developing a successful dental sleep medicine practice, including an overview of proper patient management and development of care plans; creating awareness about sleep-related breathing disorders and their treatments; positioning your practice as a provider of dental sleep medicine; and proper medical insurance billing.

CONTINUING EDUCATION INFORMATION (CE HOURS)

The AADSM is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at www.ADA.org/cerp.

The AADSM designates this activity for 19.25 continuing education credits.

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THINGS TO DO IN BALTIMORE



Catch a Baltimore Orioles Game

Attention baseball fans; while you're in Baltimore for the Annual Meeting this year, why not pick up some peanuts and Cracker Jacks and head to an Orioles game! Across the street from the Hilton Baltimore, Oriole Park at Camden Yards is conveniently located for those looking to enjoy a ballgame. The New York Yankees will be in town for the weekend with games on Friday, June 1st at 7:05pm ET after the first day of the meeting and Sunday, June 3rd at 1:00pm ET after sessions on the final day.



Visit the National Museum of Dentistry

Conveniently located just a block or two from the Hilton Baltimore, the Dr. Samuel D. Harris National Museum of Dentistry lies within walking distance of our meeting. The museum's extensive 40,000 object collection of dental instruments, furniture, and artwork is one of the most important and oldest in the world, tracing its roots to the Baltimore College of Dental Surgery, the world's first college of dentistry, founded in Baltimore, MD in 1840. The Museum is located at 31 S Greene St, Baltimore, MD 21201.



Best Shopping in Baltimore

Harborplace & The Gallery is Charm City's premiere shopping, dining and entertainment destination! Located at the heart of Baltimore's famous Inner Harbor and just a half mile from the Hilton Baltimore, you can browse through a variety of popular national retailers and locally inspired shops, satisfy hunger cravings at over 20 eateries or one of 10 delectable restaurants, and enjoy year-round entertainment.



National Aquarium

Consistently ranked as one of the nation's top three aquariums and hosting over 51 million guests since opening in 1981, the nonprofit National Aquarium delivers meaningful experiences to all visitors. Through its living collection of more than 20,000 animals from more than 750 species, the aquarium caters to all age levels. The aquarium prioritizes its work to focus on pressing issues in urban conservation and diversity, climate change and resiliency, ocean and more!



Historic Sites & Landmarks

Baltimore is home to many historical sites, and many are within just a few miles of the Hilton. A few to take note of and visit if you choose, include the Fort McHenry National Monument, the fort that inspired Francis Scott Key to write the U.S. national anthem, the Washington Monument, Mount Vernon Place, and the Inner Harbor housing some noteworthy ships like the USS Constellation, the last all-sail warship built by the US Navy and the submarine USS Torsk which sank the last two enemy combatants of WWII.

2018 SCHEDULE

Important Updates to Take Note of at This Year's Meeting

- **New this year!**
Bite-sized learning sessions
- All lunch sessions now offer CE credit hours
- The meeting ends at 12:00pm on Sunday this year
- Sunday's sessions will focus on side-effects
- President's Reception will be held in the Exhibit Hall
- And more!

Keep an eye out for these icons!



Ticketed Sessions



Keynote Address



Industry Supported Events



President's Reception

SESSION FORMAT

B: BITE-SIZED LEARNING SESSIONS

Lunch sessions to discuss the clinical applications of dental sleep medicine

C: EDUCATIONAL COURSES

Intensive reviews of topics presented in a half-day session format prior to the scientific program

D: DISCUSSION GROUPS

Forums for informal presentations of a specific topic, which may include conversations on controversial subjects or pro/con discussions and presentations

I: INVITED LECTURERS

One-hour lectures during which senior-level investigators/clinicians present in their areas of expertise

M: MEET THE PROFESSORS

Small group lunch sessions during which an expert in the field leads an informal discussion on a single topic

O: ORAL PRESENTATIONS

15-minute presentations during which investigators present their latest research and new ideas in the field

S: SYMPOSIA

Sessions focusing on the latest data and ideas in the field

W: CLINICAL WORKSHOPS

Reviews of the latest clinical challenges, presentations or discussions of controversial clinical topics or difficult clinical situations that demonstrate the critical thinking process in clinical dental sleep medicine

EXHIBIT HALL

Learn about the newest products and services in the field by visiting the exhibit hall!

The AADSM 27th Annual Meeting exhibit hall showcases booth displays of oral appliance manufacturers, dental laboratories, software companies and many more. You must be at least 16 years of age to enter the exhibit hall.

FRIDAY

JUNE 1, 2018

EXHIBIT HALL HOURS
10:00am - 4:00pm

8:00am - 12:15pm



EDUCATIONAL COURSES

These are ticketed sessions. See details below.

Registration Fees

Member: \$85 | Nonmember: \$125

Educational Courses are designed to promote personal and professional growth in a half-day format. These courses occur on the morning of Friday, June 1, 2018 prior to the start of the general session. Total CE credit for each course is four hours.

C01 Laying the Groundwork

This educational course will provide an introduction to dental sleep medicine. Topics include: vocabulary, anatomy and physiology, and the basics of oral appliance therapy (OAT). This course will prepare individuals who are new to dental sleep medicine to get the most out of the annual meeting general sessions.

B. Gail Demko, DMD, Chair | Rohit Budhiraja, MD

C02 The Kitchen Sink Approach to Dental Sleep Medicine

This educational course is targeted to experienced clinicians in dental sleep medicine who wish to broaden their understanding of sleep medicine. The speakers will step beyond the fundamentals of sleep-disordered breathing (SDB) and will delve into interactions between SDB and other medical conditions and will further attendees' insights into additional sleep disorders and behaviors.

Omar Mahmassani, DDS, Chair | Mitchell Levine, DMD | David Orozco, MS, RDN | Naresh Punjabi, MD | Emerson Wickwire, PhD

12:30pm - 1:30pm



MEET THE PROFESSOR SESSIONS

These are ticketed sessions. See details below.

Registration Fees

Member: \$85 | Nonmember: \$95

Participate in a discussion led by a prominent member of the dental and sleep medicine community. Attendees must register for the general session to register for a Meet the Professor session. Lunch will be provided. Spots are limited and on a first-come, first-served basis.

M01 The Pinnacles and Perils of Dentist-Physician Collaboration

Barry Fields, MD

M02 How to Choose the Proper Oral Appliance in Different Circumstances

Jamison Spencer, DMD

M03 Oral Manifestations of Sleep Disorders

Romy Hoque, MD



BITE-SIZED LEARNING SESSIONS

These are ticketed sessions. See details below.

Registration Fees

Member: \$45 | Nonmember: \$45

These sessions provide dentists the opportunity to discuss clinical applications in a small-group lunch and learn setting. Purchase both sessions and save \$10. Attendees must register for the general session to register for a Bite-Sized Learning Session. Boxed lunches will be provided. Spots are limited and on a first-come, first-served basis.

B01 Medicare in the Dental Sleep Medicine Office

Jan Palmer

1:30pm - 2:15pm

Welcome Address and Awards

2:15pm - 3:15pm



KEYNOTE ADDRESS

I01 New Insights and Old Truths about Oral Appliance Therapy for Obstructive Sleep Apnea

Marie Marklund, DDS, PhD is an associate professor of orthodontics at Umeå University, Sweden. She works in collaboration with the Sleep Apnea Clinic at the Department of Respiratory Medicine, Umeå University Hospital. Her practice focuses mainly on the treatment of patients with snoring and obstructive sleep apnea. Dr. Marklund's research interests include treatment effects and side-effects of oral appliance therapy.

3:15pm - 3:30pm

Refreshment Break in Exhibit Hall

3:30pm - 4:30pm

I02 Enhancing Circadian Clock Function for Metabolic and Brain Health

Phyllis Zee, MD, PhD

4:30pm - 5:30pm

I03 Guidelines of OSA Management in Commercial Motor Vehicle Operators

Charles Czeisler, MD, PhD

6:00pm - 8:00pm



INDUSTRY SUPPORTED EVENTS

Industry Supported Events are educational events coordinated by industry partners. While held in conjunction with the AADSM 27th Annual Meeting, these events are not part of the scientific program that is coordinated by the AADSM Annual Meeting Committee. Industry Supported Events are scheduled for evening time slots following the daily scientific program. More information will be available on the official AADSM 27th Annual Meeting website at aadsm.org/annualmeeting and will be included in the AADSM 27th Annual Meeting Final Program.



SPEAKER INFORMATION

To review speaker biographies and conflict of interest disclosures, visit aadsm.org/speakers

SATURDAY

JUNE 2, 2018

EXHIBIT HALL HOURS
10:00am - 4:00pm

8:00am - 9:00am

S01 Why Facility Accreditation Matters

Jennifer Le, DMD | Michael Hnat, DMD | David Rosen, DMD

I04 Does the Nose Matter?

Raj Dedhia, MD

9:00am - 10:00am

O01 Oral Presentations

Distinguished award winners and investigators present their latest research and new ideas in the field.

I05 SOAP Notes

Sheri Katz, DDS | Barry Fields, MD

10:00am - 10:30am

Refreshment Break and Poster Viewing

10:30am - 11:30am

S02 The 3-W's of Appliance Selection: What, When, Why

Jennifer Le, DMD | Nicole Chenet, DDS

I06 Role of Nasal Breathing for Health and Well-being

Ed Harrold

11:30am - 12:30pm

I07 Tried-and-True: Maxillomandibular Advancement for OSA

Gary Bouloux, MD, DDS | Raj Dedhia, MD

I08 Titrating the Oral Appliance

Jamison Spencer, DMD

12:30pm - 1:00pm

ABDSM Information Session



12:45pm - 1:45pm



MEET THE PROFESSOR SESSIONS

These are ticketed sessions. See p. 6 for more information.

Registration Fees

Member: \$85 | Nonmember: \$95

M04 The Ultimate Oral Appliance, Present Designs and Future Wishes About Oral Appliance Therapy

Marie Marklund, DDS, PhD

M05 Why and How Can Circadian Rhythms Be Evaluated in Clinical Practice

Phyllis Zee, MD, PhD

M06 Dental Sleep Medicine in a Modern-Day Digital Dental Clinic: Tips and Tricks

Shouresh Charkhandeh, DDS



BITE-SIZED LEARNING SESSIONS

These are ticketed sessions. See p. 7 for more information.

Registration Fees

Member: \$45 | Nonmember: \$45

B02 Tips, Tricks, Perils (Insurance/Medicare)

Jan Palmer

1:45pm - 2:45pm

I09 Perspective on Residual Sleep-Related Symptoms Despite Oral Appliance Therapy

Romy Hoque, MD

I10 Combination Therapy with PAP and Oral Appliance for When OAT Fails

Ronald Prehn, DDS

2:45pm - 3:00pm

Refreshment Break and Poster Viewing

3:00pm - 4:00pm

I11 Complex Sleep Apnea: What Do Dentists Have to Do With It?

Robert J. Thomas, MD

I12 Getting Started: The Basics of Medical Insurance

Jan Palmer

4:00pm - 5:00pm

W01 Digital Dental Technology Revolution & The Impact on Dental Sleep Medicine

Shouresh Charkhandeh, DDS

S03 Standardizing the Practice of Dental Sleep Medicine

Mitchell Levine, DMD | Patricia Braga, DDS

5:00pm - 6:15pm



PRESIDENT'S RECEPTION

The AADSM Board of Directors invites all meeting attendees to the President's Reception in the Exhibit Hall Key Ballroom. The President's Reception is a social celebration featuring hors d'oeuvres, a full-service cash bar and more!

SUNDAY

JUNE 3, 2018

EXHIBIT HALL HOURS
10:00am - 12:30pm

8:00am - 8:30am

S04 Management of Side Effects of Oral Appliance Therapy for Sleep-Disordered Breathing

Tom Schell, DMD

8:30am - 10:00am

I13 Temporomandibular Muscle Problems and Oral Appliance Therapy and Side Effects

Jamison Spencer, DMD

10:00am - 10:15am

Refreshment Break in Exhibit Hall

10:15am - 11:30am

D01 Panel Discussion: Managing Side Effects

Jean-Francois Masse, DMD | Donald Farquhar, DDS | Katherine Phillips, DDS

11:30am - 12:00pm

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General Session Fees	On or before April 20	April 21 through May 19
AADSM Member	\$495	\$550
AADSM Student Member	\$50	\$50
Dental Staff of AADSM Member	\$250	\$295
Nonmember	\$650	\$695
Dental Staff of Nonmember	\$325	\$370

Your registration materials, including badge, final program, and tote bag, will be provided at the registration desk located in the foyer of the Holiday Ballroom of the Hilton Baltimore.

2 WAYS TO SAVE

Register by April 20 and Save!

Register early to take advantage of the lowest rate and get into the ticketed sessions you want!

AADSM Members Save up to \$155!

Not an AADSM member? Join today to receive discounted member registration fees. Visit aadsm.org/join2018 to become a member.



1 GREAT MEETING

This is the premier event in dental sleep medicine and a can't miss educational weekend in 2018. The largest variety of dental sleep medicine content, new insights, and elite faculty experience is second to none. Our vision is to lead and promote dentistry's role in collaboration with our physician colleagues in reducing the burden of snoring and sleep apnea. Be it your first meeting, or your fifteenth, we are proud to have you as part of a group treating sleep apnea, and in many cases, changing patients' lives.

TRAVEL & HOUSING

TRAVEL TO BALTIMORE

Air Transportation

Baltimore/Washington International Thurgood Marshall Airport (BWI) serves 36 different airlines with over 600 domestic flights each day providing you with flexibility when booking your flight to Baltimore for this year's meeting. The airport is located about 10 miles south of the Hilton Baltimore.

Ground Transportation

AMTRAK and MARC train services are available throughout the downtown area for those preferring to use ground transportation.

AMTRAK.com

mta.maryland.gov/marc-train

HOUSING IN BALTIMORE

Take advantage of the group room rates!

A block of guest rooms has been reserved at the Hilton Baltimore and at the Marriott Inner Harbor at Camden Yards. Rooms at the group rate are limited and available on a first-come, first-served basis. Make your reservation as soon as possible. Any change or cancellation to your reservation may be done through the AADSM housing website until May 23, 2018. After May 23, contact the hotel directly for all changes or cancellations.

Hilton Baltimore (Headquarter Hotel)

Room rate: \$225
Cut-off date: May 9, 2018

Marriott Inner Harbor at Camden Yards

Room rate: \$219
Cut-off date: May 11, 2018

Making a Reservation

Online

Make a reservation today on the AADSM housing site. Visit aadsm.org/housing

Phone

Toll Free: 1-800-282-6632
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